Charnwood Community Safety Partnership

January 2024

Public Health Update

- 1. Mental Health Friendly Places is a programme which upskills and supports public-facing businesses, organisations or community touch points to recognise signs of poor mental health, start a conversation and signpost to further support. Organisations are encouraged to register, book onto the free training sessions, request resources and work their way to gaining the Mental Health Friendly Places status! The Mental Health Friendly Places (MHFP) project is continuing to deliver MH Aware training in conjunction with County and City Public Health colleagues, with further sessions planned over the coming weeks. Partners wanting to join/become a MH Friendly Place can attend the training.
- <u>Leicestershirehealthyschools.org</u> hosts information on the healthy schools programme
 including information on the work being progressed with Young Health Champions, education
 resources on second hand smoking, and training for schools on Parental Mental Illness and
 solution focussed training which aims to support school staff to support children who are
 struggling with emotional wellbeing.
- 3. The creation of the LLR Combatting Drugs and Alcohol Partnership (CDAP) was a result of the Dame Carol Black review and subsequent national Harm to Hope 10-year plan. Locally, governance sits within the Senior Partnership Board, with an operational meeting every 4 months that replaces the previous LLR Substance Misuse CSP, a change of chair to Local Authority, and representatives covering the LLR patch. The remit of the operational group remains substance misuse across Leicestershire and Rutland with a specific focus on all relevant recommendations, including the strategic priorities identified within the CDAP LLR needs assessment. The Police will circulate the CDAP report to Community Safety Managers on current trends and themes in relation to drugs and alcohol, and Public Health are providing an update at the Senior Officer Group in March. There is also an offer of presentations at individual CSPs if required on the CDAP, the young people and substance use working group and the Substance Use Harm Reduction Network (SUHR) a lived experience group.
- 4. Health and Wellbeing Officers are based within secondary schools through the <u>Teen Health Service</u> and are offering drop in and group work sessions on a range of areas including healthy relationships, risk taking, health behaviours and healthy choices. Between March December 2023 over 2200 referrals were received.
- 5. The <u>District Health Profiles</u> have been updated and there is information on a range of wider determinant indicators and health behaviours specifically for each District, for example numbers of alcohol licensed premises, employment, obesity, dementia diagnosis rates, fuel poverty etc. Also a <u>Joint Strategic Needs Assessment (JSNA) on demography</u> the statistical study of human populations helpful for strategy and forward planning.

This is a brief summary of services delivered and commissioned by Public Health that align with CSP priorities — for a more in-depth discussion or any further questions please contact <u>jo.hewitt@leics.gov.uk</u>