



**KEEPING FIT AND HEALTHY:** Janet Bibby, Catering Manager for Avenance at 3M, Clare Honeyborne, Occupational Health Advisor, Paul Stratton, Senior Public Health Manager for the Leicestershire County and Rutland PCT, Will Blanche, Charnwood Borough Council's Senior Active Recreation Development Officer, and Nadine Buckland, Charnwood Borough Council's Lead Specialist Environmental Health Officer for Food Safety, launch the Health and Well Being Award.

## Award aims to promote good health

A NEW initiative for businesses to promote the health and well being of employees has been launched.

Charnwood Borough Council's Environmental Health officers are leading on the Health and Well Being Award, which is being piloted at 3M Healthcare and Avenance Catering.

Leicestershire Nutrition and Dietetic Service, smoking cessation specialists plus the Council's physical activity officers are also involved in the project.

The award is for recognition of employers taking responsibility for the health and well being of their staff and it is open to businesses of all sizes and from every industry.

Nadine Buckland, Charnwood's Lead Specialist Environmental Health Officer for Food Safety, said: "The award aims to highlight ways of improving diet, increasing physical activity and reducing smoking."

"Employers have a lot to gain by investing in a healthier workforce — it makes good business sense."

To find out more about the Health and Well Being Award call (01509) 634 633.

# Tracking air quality

**A** N Air Quality Monitoring Grant worth £10,000 has been awarded to Charnwood Borough Council by the Government.

The Department for Environment, Food and Rural Affairs (DEFRA) has announced that officers from the Council's Environmental Protection section have been successful in their application for funding as part of the ongoing work towards monitoring and investigating air quality trends in the Borough.

The funds are earmarked for a seven-month project designed to gather more information on air quality issues in Mountsorrel, primarily directed towards hiring a state-of-the-art particulate monitor, to determine air quality levels against the UK Air

## Grant funds new monitor

Quality Strategy Objectives, which the Council have to report to DEFRA on an annual basis.

Cllr David Slater, Charnwood's Cabinet member for Housing and Health, said: "Although local monitoring results



observed during 2007 generally bucked a long-term decreasing trend throughout the Borough, the majority of sites are comfortably compliant with the National Objective levels.

"The few areas in Loughborough that are still of concern are expected to see significant benefits with the implementation of both the Loughborough

Inner Relief Road and the Eastern Gateway Project.

"The new sampler will be in addition to other analysers recently brought in to the Borough's air quality network which now include 'real-time' nitrogen dioxide monitors at Melton Road in Syston plus Baxter Gate and Durham Road in Loughborough."

To read a copy of the latest report submitted to DEFRA or to find out more details about the air quality work taking place throughout the Borough, please log on to [www.charnwood.gov.uk/pages/airpollution](http://www.charnwood.gov.uk/pages/airpollution)