

UK State Pension Age

The state pension age (SPA) is presently 65 for men. Under the Pensions Act 1995, the SPA for women is being incrementally increased from 60 to 65. The Pensions Act 2011 will raise the SPA to 66 for both men and women by 6 October 2020.

Women born between 1950 and 1953

Date of birth from	to	Date of reaching SPA
Before	5 Feb 1951	Already reached SPA
6 Feb 1951	5 Mar 1951	6 Jan 2012
6 Mar 1951	5 Apr 1951	6 Mar 2012
6 Apr 1951	5 May 1951	6 May 2012
6 May 1951	5 Jun 1951	6 Jul 2012
6 Jun 1951	5 Jul 1951	6 Sep 2012
6 Jul 1951	5 Aug 1951	6 Nov 2012
6 Aug 1951	5 Sep 1951	6 Jan 2013
6 Sep 1951	5 Oct 1951	6 Mar 2013
6 Oct 1951	5 Nov 1951	6 May 2013
6 Nov 1951	5 Dec 1951	6 Jul 2013
6 Dec 1951	5 Jan 1952	6 Sep 2013
6 Jan 1952	5 Feb 1952	6 Nov 2013
6 Feb 1952	5 Mar 1952	6 Jan 2014
6 Mar 1952	5 Apr 1952	6 Mar 2014
6 Apr 1952	5 May 1952	6 May 2014
6 May 1952	5 Jun 1952	6 Jul 2014
6 Jun 1952	5 Jul 1952	6 Sep 2014
6 Jul 1952	5 Aug 1952	6 Nov 2014
6 Aug 1952	5 Sep 1952	6 Jan 2015
6 Sep 1952	5 Oct 1952	6 Mar 2015
6 Oct 1952	5 Nov 1952	6 May 2015
6 Nov 1952	5 Dec 1952	6 Jul 2015
6 Dec 1952	5 Jan 1953	6 Sep 2015
6 Jan 1953	5 Feb 1953	6 Nov 2015
6 Feb 1953	5 Mar 1953	6 Jan 2016
6 Mar 1953	5 Apr 1953	6 Mar 2016
6 Apr 1953	5 May 1953	6 Jul 2016

6 May 1953	5 Jun 1953	6 Nov 2016
6 Jun 1953	5 Jul 1953	6 Mar 2017
6 Jul 1953	5 Aug 1953	6 Jul 2017
6 Aug 1953	5 Sep 1953	6 Nov 2017
6 Sep 1953	5 Oct 1953	6 Mar 2018
6 Oct 1953	5 Nov 1953	6 Jul 2018
6 Nov 1953	5 Dec 1953	6 Nov 2018

Men and women born between 1953 and 1978

date of birth from	to	date of reaching SPA
6 Dec 1953	5 Jan 1954	6 Mar 2019
6 Jan 1954	5 Feb 1954	6 May 2019
6 Feb 1954	5 Mar 1954	6 Jul 2019
6 Mar 1954	5 Apr 1954	6 Sep 2019
6 Apr 1954	5 May 1954	6 Nov 2019
6 May 1954	5 Jun 1954	6 Jan 2020
6 Jun 1954	5 Jul 1954	6 Mar 2020
6 Jul 1954	5 Aug 1954	6 May 2020
6 Aug 1954	5 Sep 1954	6 Jul 2020
6 Sep 1954	5 Oct 1954	6 Sep 2020
6 Oct 1954	5 Apr 1968	age 66