**Charnwood Community Safety Partnership**

**13th July 2023**

**Public Health Update**

Trauma

1. Barnardo’s are continuing to deliver the trauma informed practice training beyond June 2023 as well as developing a trauma informed practice toolkit for midwives and health visitors. A Trauma Informed Schools Officer is starting in the summer and will work with up to 6 schools to support in adopting a trauma informed practice approach – the details of this are being worked through
2. Dates for the Trauma Informed Practice training can be accessed through the following links:
   1. Tier 1: Intro to **improve knowledge of childhood adversity and trauma and the way that this can impact upon behaviour and outcomes for Children, Young People & families. 3.5 hour webinar -** <https://www.eventbrite.co.uk/e/llr-tier-1-introduction-to-childhood-adversity-trauma-informed-practice-tickets-403913685707>
   2. **Tier 2a: To take a deeper look at the forms trauma can take so we can be trauma informed in our day-to-day role. 5 hour webinar -** <https://www.eventbrite.co.uk/e/llr-tier-2a-trauma-informed-practice-tickets-404602345507>
   3. Tier 2b: Trauma Informed Organisations for Senior Leaders. **How to apply key principles within a whole organisation approach to Trauma Informed Practice. 4 hour webinar -** <https://www.eventbrite.co.uk/e/llr-tier-2b-trauma-informed-organisations-for-senior-leaders-tickets-460998929207>

Teen Health Service

1. The 11-19 element of the Healthy Child Programme is known locally as the Teen Health Service and is now embedded within the Children and Family Wellbeing Service. Health and Wellbeing Officers are based within secondary schools and are offering drop in sessions and group work sessions. A website and digital offer is currently being developed in collaboration with young people. Referrals can be made by school staff, parent, CYP self-referral or by any professional via <https://www.leicestershire.gov.uk/education-and-children/schools-colleges-and-academies/teen-health-11-19>

Health Improvement Team

**Smokefree homes & cars resources for schools**

1. The Healthy Schools and Quit Ready Leicestershire teams are planning a campaign aimed at children/young people and their families to try and raise awareness of and reduce the impact of second-hand smoking in homes and cars. Resources are being offered to schools which will be available to coincide with 'Stoptober', a campaign to encourage people to stop smoking. The resources can be used within PSHE lessons or as standalone activities. For more information about these resources and to submit an expression of interest, schools can visit the [website](https://www.leicestershirehealthyschools.org.uk/smoke-free-homes-and-cars), please circulate within your networks

**Alcohol Awareness Week 3rd-9th July 2023**

1. A social media toolkit has been circulated to Community Safety Managers to raise awareness and share key messages about the campaign. Videos to raise awareness more generally about Turning Point and the services offered are also being created
2. Alcohol Awareness Training poster attached

Mental Health

1. Public Health is currently working towards becoming a signatory to the Prevention Concordat for Better Mental Health Consensus Statement. This will allow Public Health to join a number of organisations who have committed to working together to prevent mental health problems and promote good mental health through local and national action.
2. The [Start a Conversation](https://www.startaconversation.co.uk/) suicide prevention campaign aims to build a community that is committed to the mental health and wellbeing of its residents and a suicide prevention conference is being planned for September, along with a refresh of the website

Vaping

1. A vaping toolkit is being launched for schools including lesson plans and information as well as a video resource, and a competition to engage young people in creating a video or poster on vaping. The winning entry will receive a voucher that the school can use and will feature on social media channels

Healthy Workplaces

1. The [Healthy Workplaces](https://www.healthyworkplacesleicestershire.co.uk/) programme launched in May 2023 offering free and chargeable products to workplaces across Leicestershire. Products include a health needs assessment, mental health first aid training and health MOTs. The programme aims to support businesses in understanding their employee health and wellbeing with a view to becoming a healthy place to work.

[ONS Health Index Tool](https://www.ons.gov.uk/peoplepopulationandcommunity/healthandsocialcare/healthandwellbeing/articles/howhealthhaschangedinyourlocalarea2015to2020/2022-11-09)

1. The health index provides every local area an overall health score made up of a range of categories including physical and mental health, employment and crime. The Health Index score for Charnwood has increased and according to the ONS website, the best score for Charnwood was in the health relating to ‘Living Conditions’ category including noise complaints, air pollution and rough sleeping.

\*Please view the website for further information and caveats surrounding the data

This is a brief summary of Public Health areas aligned to keeping communities safe, please contact [jo.hewitt@leics.gov.uk](mailto:jo.hewitt@leics.gov.uk) to discuss this in more detail.