

February Holiday Activity Programme

Information Pack for Parents

Following the success of our October holiday programme, Active Charnwood is offering you a new range of exciting opportunities designed to keep everyone entertained this February!

This winter we have yet another week of exciting activities including the very popular archery, boxing, cheerleading and horse riding. Once again, we have also listened to your feedback and added new activities such as clubbercise and laser quest.

You can call our Contact Centre on **01509 634561** to book your child/ren to one or more of our activities. A full list of each activity can be viewed below:

ARCHERY

Thursday 16th February 11:30 - 13:00

Leicester Outdoor Pursuits Centre, Birstall, LE4 5PN

If you fancy yourself as a modern day Robin Hood, then this archery session is just for you. You will learn the basics of archery with qualified instructors from the Leicester Outdoor Pursuits Centre. They will also ensure that your child practices the sport in a safe and friendly environment.

Full Price: £12.00

Wild Card Price: £9.00

Concessionary Wild Card Price: £6.00

The activity is suitable for 5-16 year-olds

Booking Required

ATHLETICS

Friday 17th February 10:00 – 12:00 Southfields Park, Southfield Road, Loughborough, LE11 2TX

We are providing children with the opportunity to develop their athletic skills with our exciting coaching programme. The afternoon will consist of all participants taking part in fun warm-up games and trying different athletics events, including long jump, javelin, sprinting, middle distance and finally coming together to finish with team relays. You don't have to be an athlete to come along to this. Everyone can come and enjoy!

Full Price: £2.75

Wild Card Price: £2.10

Concessionary Wild Card Price: £1.40

The activity is suitable for 5-16 year-olds

Booking Required

BASKETBALL

Thursday 16th February 10:00 – 12:00 Humphrey Perkins School, Cotes Road, Barrow-upon-Soar, LE12 8JU

Come and test your basketball skills this winter! During the first hour our coaches will improve your ball handling, dribbling, passing and shooting, we will facilitate 3v3 games and mini skills sessions to help you develop your abilities. For the second hour we will play lots of exciting adaptable games and activities, for players from all levels. So come and join us and see if you can become the king/queen of the court!

Full Price: £2.75

Wild Card Price: £2.10

Concessionary Wild Card Price: £1.40

The activity is suitable for 5-12 year-olds

Booking Required.

BIKEABILITY LEVEL 1 & 2 COURSES

Monday 13th February 09:30 – 12:00

Wednesday 15th February 09:30 – 12:00

Thursday 16th February 09:30 – 12:00

Friday 17th February 09:30 – 12:00

Charnwood College (Gate 1), Thorpe Hill, Loughborough, LE11 4SQ

This week of sessions are delivered by Leicestershire County Council's Bikeability Road Safety Cycling tutors. The sessions are for children in year 5 or 6, and ideal for children who have missed Bikeability during the school year, or who have already done Bikeability but wish to get more practice. The sessions are spread over 4 mornings and attendance at each morning is required to get the full benefit of the training. The payment covers all four mornings. Children are required to have a road worthy bicycle, a helmet and to wear appropriate clothing to keep them warm whilst not restricting their ability to cycle safely. Meet at the Tennis Courts in front of Ashmount School on the Charnwood College campus (accessed by Gate 1).

Full Price: £8.00

Wild Card Price: £6.00

Concessionary Wild Card Price: £4.00

The activity is suitable for Year 5 and 6 pupils.

Booking Required

BOXING

Thursday 16th February 14:00 – 15:00 Carl Gunns' Community Gym, 275 Birstall Road, Birstall, LE4 3DJ

We are offering you another chance to try out some boxing at the very popular Carl Gunns Community Gym. Please wear appropriate clothing for moving around and bring a drink; any other equipment will be provided.

Carl's gym is located near Birstall Parish Council, just after the Birstall Road and Wanlip Lane roundabout. If you are having difficulties finding it, just ask someone on the street and they will be able to direct you.

Price: £1 payable to the coach on arrival.

The activity is suitable for 5-16 year-olds

No Booking Required.

CHEERLEADING

Friday 17th February 13:00 – 14:30 Charnwood College Sports Hall (Gate 4), Thorpe Hill, Loughborough, LE11 4SQ

Come down to Charnwood College and try the exciting sport of cheerleading! Get ready for lots of dancing, tumbling and even some high-flying stunts! Please access Charnwood College from Gate 4. You will find the Sports Hall on your right, opposite the Sports Centre car park. Please wear appropriate clothes (a t-shirt and shorts or leggings) and clean trainers for indoor use. If you have long hair it needs to be tied back. All jewellery must be removed.

Full Price: £6.00

Wild Card Price: £4.50

Concessionary Wild Card Price: £3.00

The activity is suitable for 5-10 year-olds

Booking Required.

CLIMBING

Tuesday 14th February 11:00 – 12:30

The Climbing Station, Empress Road, Loughborough, LE11 1RH

If you like a challenge and a bit of a thrill, book onto our climbing session and push yourself to your vertical limits. With the qualified instructors and using professional equipment you will be guided through the sessions at the Loughborough Climbing Station. Please remember:

close-fitting clothing is recommended, particularly on the upper body and arms. Trousers and clean lightweight shoes are also recommended. Long hair should be tied back and jewellery removed.

Full Price: £12.00

Wild Card Price: £9.00

Concessionary Wild Card Price: £6.00

The activity is suitable for 7-15 year-olds

Booking Required

CLUBBERCISE

Thursday 16th February 14:00 – 15:00

Kegworth Village Hall, Nottingham Road, Kegworth, DE74 2FH

A fresh and fun dance and fitness class for 11-16 year-olds, **Clubbercise®** are simple, fun dance fitness routines using glow sticks to club anthems from 90's classics to the latest chart hits taught in a darkened room with disco lights. Clubbercise U18 classes take the best bits from the original Clubbercise workout - flashing LED glow sticks and disco lights - with a more up-to-date soundtrack including the very latest chart hits. The routines are a mix of street dance and aerobics moves with high and low impact options to suit everyone, including young people with disabilities. Please come dressed suitably with trainers and bring water.

Full Price: £12.00

Wild Card Price: £9.00

Concessionary Wild Card Price: £6.00

The activity is suitable for 11-16 year-olds

Booking Required

DEN BUILDING

Tuesday 14th February 14:00 – 16:00 The Outwoods, Woodhouse Lane,
Loughborough, LE11 3YG

Test your skills by competing against each other to see who can build the best den; can you pass our water, wind and camouflage test? Please wear suitable clothing & footwear for the weather. Please bring a drink. *Under 8s need to be accompanied by an Adult (16yrs+.)* 0-4s are welcome to attend for free with their sibling/s & parent/guardian.

Full Price: £2.75

Wild Card Price: £2.10

Concessionary Wild Card Price: £1.40

The activity is suitable for 5-16 year-olds

Booking Required

FAMILY BIKE RIDE, 5 MILES (COMMUNITY CYCLE CLUB)

Friday 17th February 13:00 – 15:30 Charnwood College (Gate 1), Thorpe Hill,
Loughborough, LE11 4SQ

Come along to our fun and friendly family bike ride! This 5 to 6 mile ride is for all the family. Ride leaders will lead and look after the group. The majority of the route is on traffic free paths with very short stretches on road. The route takes us from Loughborough to Shepshed on the lovely Garendon Trail where we will take a mid-ride break at a play area. There are no major hills on the ride but there are some short inclines. We recommend bringing along a drink, snack and warm top as there is no café stop planned for this ride. Children under 16 are required to be accompanied by a parent or guardian and are required to wear a helmet. Children who can't yet cycle or are unable to cycle this distance are welcome on tag-a-longs, trailers or in child seats.

Full Price: £2.00 per child (*Wild Card Prices do not apply*)

The activity is suitable for 5-16 year-olds and their families.

Booking Required

GEOCACHING

Monday 13th February 10:00 – 12:00 The Outwoods, Woodhouse Lane,
Loughborough, LE11 3YG

Often described as a "game of hi-tech hide and seek", geocaching is similar to orienteering, waymarking and treasure hunting. You will use GPS to find the hidden 'caches'. It's great fun for all ages, come and give it a go. Please wear suitable clothing & footwear for the weather and bring a drink. Children under 5 can attend for free with their family.

There will be a new mix of caches this February!

Full Price: £2.75

Wild Card Price: £2.10

Concessionary Wild Card Price: £1.40

The activity is suitable for 5-16 year-olds

Booking Required

HORSE RIDING LESSONS

Tuesday 14th February 10:00 - 12:00 (please arrive for 09:45) Park View Riding
School, 100 Anstey Lane, Thurgaston, LE7 7JA

Come along to learn the fundamentals of horse riding, coached by BHS-approved instructors. Whether you are a novice or experienced rider we have a wide selection of horses and ponies, so we can match you with a suitable size and temperament. In addition to riding for a full 1 hour, you would be able to take part in pony care and grooming. No shorts, pumps, dolly shoes or open toed sandals allowed. Please remember to bring a drink. Please contact the Sport & Active Recreation team if you are unsure about what to wear before going to the session.

Full Price: £20.00

Wild Card Price: £15.00

Concessionary Wild Card Price: £10.00

The activity is suitable for 5-16 year-olds

Booking Required

KONGA KIDS

Monday 13th February 14:00 - 15:00

Wednesday 15th February 10:00 - 11:00

Pure Arts Centre, Loughborough, 2A Granby Street, Loughborough, LE11 3DU

KONGA® Kids is an adapted version of KONGA® to suit the needs & wants of children aged 6-15. KONGA® Kids is a fun workout that fuses simplistic dance & fitness movements combined with popular music that is appealing to children – a fusion of boxing, cardio and dance. Please wear comfortable clothes, trainers and bring water. Parents can also take part with their child/ren and there is no charge for their attendance.

Full Price: £4.00

Wild Card Price: £3.00

Concessionary Wild Card Price: £2.00

The activity is suitable for 6-15 year-olds

Booking Required

LASER QUEST

Wednesday 15th February 14:00 - 15:00 Laser Quest, Floor 1 (Sital House),
Cattle Market, Loughborough, LE11 3DL

Laser Quest is a non-contact interactive laser game suitable for children aged 6+. We provide full briefings and all the equipment you need. Each player is kitted out with a futuristic body pack and carries a laser. Each game is played out in a labyrinth, with catwalks, mazes, swirling fog, music and lights. You score points when you zap your opponents but lose points when they zap you. Players can compete in 20 minute sessions. Scores are displayed on monitors at the end of the game with each player receiving their own score card.

Full Price: £12.00

Wild Card Price: £9.00

Concessionary Wild Card Price: £6.00

The activity is suitable for 6-15 year-olds

Booking Required

MULTI-SPORTS

Tuesday 14th February 13:00 - 15:00 Elizabeth Park Centre, Checkland Road, Thurmaston, LE4 8FN

Want to have lots of fun as well as trying out different sports all in one session? Then this is the perfect opportunity for you. Come to our multi-sports sessions which will teach you the key skills in different game-based sports, allowing you to put these to the test in game situations. These sports include: **cricket, dodge ball, football, and tennis.**

Full Price: £2.75

Wild Card Price: £2.10

Concessionary Wild Card Price: £1.40

The activity is suitable for 5-12 year-olds

Booking Required

STREET CRICKET

Monday 13th February 14:00 – 16:00 Rosebery St Peter's Community Centre, Storer Road, Loughborough, LE11 5EQ

Come and join a fantastic opportunity to work with Leicestershire and Rutland Cricket experienced coaches. Each session will be fun filled, making you not want to put your bat down at the end! An opportunity not to be missed! Come suitably dressed in sportswear and don't forget your drink! The session will take place at Rosebery St Peter's Community Centre indoor sports hall.

THIS ACTIVITY IS FREE!

The activity is suitable for 5-11 year-olds and their families.

No Booking Required!

TENNIS

Wednesday 15th February & Friday 17th February 14:00 – 15:00 (for 5-7 year-olds)

Wednesday 15th February & Friday 17th February 15:00 – 16:00 (8-11 year-olds)

Charnwood Lawn Tennis Club, Watermead Lane, Loughborough, LE11 3TN

Come and take part in fun filled tennis sessions by Charnwood Lawn Tennis Club delivered by qualified coaches for an exciting, fun filled afternoon! If you do not own a tennis racket, do not worry as there will be rackets supplied. Please remember to wear appropriate clothing for running around. Bring plenty to drink and enjoy!

Full Price: £3.00 (Wild Card prices DO NOT APPLY)

The activity is suitable for 5-11 year-olds

Booking through Charnwood Lawn Tennis Club:

Emily: emily@gsmleisure.co.uk; 07756 321438

Matt: matt@gsmleisure.co.uk; 07976 923391

You Said We Did – As part of our on-going commitment to improve our holiday programme we actively seek feedback on the activities we offer. This February we have yet another exciting programme of activities planned including the very popular horse riding, boxing, street cricket and geocaching sessions. There will also be new laser quest, konga and clubbercise. You can also choose from basketball, cheerleading, tennis and much more. We have exciting activities on offer, available at a number of venues across the borough, which will keep you entertained throughout the programme.

We strive to make our activities accessible for all; children with a disability are welcomed and encouraged to take part in all activities. Carers and parents are welcome to attend sessions. Please call on 01509 634592, should your child/children need extra support to discuss in further detail.

If you are unable to attend a booked session, we ask that you contact the Sport and Active Recreation Team on 01509 634673 at least 24 hours before the session so the place can be offered to someone else.

IMPORTANT INFORMATION FOR ALL ACTIVITIES

Age policy – The age ranges for each activity are strict and you cannot book your child if they are over or under the age restrictions. Please note that the Wild Card discount is only applicable for children aged 5-16. Children under the age of 8 **MUST** be accompanied by a parent/carer over the age of 16.

Drinks – For all activities, please send your child/children with a drink as there is not always a facility for this at all venues.

Staff - All staff are trained and have undergone enhanced Disclosure and Barring Service checks and are First Aid qualified.

Clothing - The weather during the holidays could be sunny, rainy or chilly. Please ensure that you/your child come dressed appropriately for the weather (jumpers/raincoats/wellington boots etc).

Collecting from sessions - We do not take responsibility for participants outside the hours of the session. **DO NOT** leave your children unaccompanied until the activity staff arrive. The staff at venues are **NOT** responsible for your children.

Please ensure that you complete the section on the booking form or advise when ringing to book if your child has permission to walk home alone from the session and will not be collected.

Children Under 5 - If a child under the age of 5 would like to attend a session, they must be accompanied by an adult or sibling over the age of 16. Please note that the Wild Card discount is only applicable for children aged 5-16.

Refunds Policy/Session changes - We will always endeavour to ensure that activity sessions operate as advertised in our activity brochures. However, we do reserve the right to cancel sessions due to circumstances beyond our control. In the event of a cancellation we will provide you with as much notice as possible. Should it be necessary for us to cancel an activity, you will receive a full refund. Card payments will be refunded back to your card. If you have paid by cheque or cash you will receive a cheque in the post. In exceptional circumstances, it may be necessary to change the format of the activity on the day. We will endeavour to inform parents/guardians/participants prior to the commencement of the session. The booking of activities is considered to be a commitment to attend. Due to the large amount of daily bookings processed we are unable to alter a booking once confirmed. A refund will only be given in exceptional circumstances e.g. serious illness/accident.

Photos – Photographs or videos may be taken during our activities which may be released for promotional purposes on ours or our partners' website, Social Media channels, print advertising or through any other mediums.

If you **DO NOT** wish to be included in any photographs/videos then you need to sign a completed opt-out form accessible on our website or by contacting Georgi Babalev on georgi.babalev@charnwood.gov.uk.