October Holiday Activity Programme
Information Pack for Parents

Following the success of our Summer Holiday Programme, Charnwood Borough Council’s Sport and Active Recreation Team is offering you a new range of exciting opportunities designed to keep everyone entertained this October half term.

This October we have yet another exciting programme of activities planned including the very popular climbing, cheerleading, geocaching and horse riding. There will also be archery legends, multi-sports, indoor bowls and canoeing sessions as requested by you! With at least 3 activities on offer every day, there is something for everybody this half term!

You can call our Contact Centre on 01509 634561 to book your child/ren to our activities. A full list of each activity can be viewed below:

ARCHERY LEGENDS EXPERIENCE

Friday 19th October 12:30 – 13:30

Great Central Trading Park, Great Central Road, Loughborough, LE11 1RW

The 'Little Johns Band of Bowmen Experience' introduces children to the wonderful world of archery in a controlled environment. The Dragon Range is a specially designed, self-contained shooting area where our mini-archers can learn to shoot real bows and arrows just like Robin Hood.

After a comprehensive safety briefing, you'll be allocated a traditional bow, a quiver of arrows and taken through to the Dragon Range where our instructors will be on hand to help ensure you get the most out of your experience. With 1 supervisor being on hand for every 2 children.

All equipment will be supplied; light, long sleeved tops are preferred; please wear flat, comfortable shoes/trainers; no earrings (newly pierced ears, a.k.a. studs, can be covered in micropore, which is provided); long
hair must be tied back.

**Full Price:** £12.00  
**Wild Card Price:** £9.00  
**Concessionary Wild Card Price:** £6.00

*The activity is suitable for 7-11 year-olds*

*Booking Required*

**ARTS & CRAFTS**

**Monday 15th October 10:00 – 12:00**

United Reformed Church, 39 Frederick Street, Loughborough, LE11 3BH

Inspire your imagination and create delightful crafts, handmade gifts or just enjoy getting creative in a relaxed and fun environment!

One of the following activities will be delivered:

**Masks/Funky Glass**  
Create your own superhero mask or fabulous funky classes using paints, chubbies and collage materials.

**Clay Creations**  
Create your own clay creations using air drying clay, googly eyes, match sticks and feathers.

**Fabric Hand Puppets**  
Make your own cotton hand puppet (with moving mouth), you could make a monster or an animal the possibilities are endless, putting finer detail on with fabric pens.

**Decopatch Jungle Animals**  
Papier mache Jungle animals which you can decorate using fabulous, varied decopatch papers.

**A4 Initial Canvas**
Put your initial onto a canvas using sticky back plastic, then decorate using paints. Remove the plastic initial and then decorate with gems.

Willow Hearts/Fish
Using willow and collage materials, create your own unique heart or fish

Thursday 16th August

Mosaic Coasters
Using MDF bases, design and create a coaster using a variety of mosaic and collage pieces

Beaded Keyrings
Create your own key rings to hang on your bags or keys using pipe cleaners and a large selection of beads and buttons

Each session will also have colouring available and Playdoh stations to be creative.

There will be a sink at the venue for children to wash their hands after the session, but please bring suitable clothes as they might get dirty and messy from the activities.

Under 7s need to be accompanied by a parent/carer for the duration of the activity.

Full Price: £4.00
Wild Card Price: £3.00
Concessionary Wild Card Price: £2.00

The activity is suitable for 4-10 year-olds

Booking Required

BOXING

Monday 15th October 15:00 – 16:00

Carl Gunns’ Community Gym, 275 Birstall Road, Birstall, LE4 4DJ
We offer you another chance to try out some boxing at the very popular Carl Gunns Community Gym. Please wear appropriate clothing for moving around and bring a drink; any other equipment will be provided.

Carl’s gym is located near Birstall Parish Council, just after the Birstall Road and Wanlip Lane roundabout. If you are having difficulties finding it, just ask someone on the street and they will be able to direct you.

**Under 7s need to be accompanied by a parent/carer for the duration of the activity.**

**Price:** £1 payable to the coach on arrival.

**The activity is suitable for 5-16 year-olds**

**No Booking Required.**

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**CANOEING**

**Thursday 25th October 13:30 – 15:00**

**Leicester Outdoor Pursuits Centre, Birstall, LE4 5PN**

We are delighted to offer this great open water session at the Leicester Outdoor Pursuits Centre. Come along and have a go under the supervision of a qualified instructor teaching you skills and techniques. Its great fun and not to be missed! Children must be capable of swimming at least 50m and be confident in deep water. The canoeists will travel a short distance along the River Soar and return to the centre. All equipment is provided including buoyancy aids. However, please dress appropriately for the weather (no jeans/denim) Bring waterproof clothing and a full change of clothes including a towel, just in case!

**Full Price:** £12.00

**Wild Card Price:** £9.00

**Concessionary Wild Card Price:** £6.00

**The activity is suitable for 8-16 year-olds**

**Booking Required**
CHEERLEADING

Wednesday 17th October 13:00 – 14:30

(Sports Hall - Building B) Iveshead School, Forest Street, Shepshed, LE12 9DB

Come down to Iveshead School and try the exciting sport of cheerleading! Get ready for lots of dancing, tumbling and even some high-flying stunts! Please wear appropriate clothes (a t-shirt and shorts or leggings) and clean trainers for indoor use. If you have long hair it needs to be tied back. All jewellery must be removed.

Under 7s need to be accompanied by a parent/carer for the duration of the activity.

Full Price: £6.00
Wild Card Price: £4.50
Concessionary Wild Card Price: £3.00

Booking Required

The activity is suitable for 5-10 year-olds

CLIMBING

Tuesday 23rd October 11:00 – 12:30

The Climbing Station, Empress Road, Loughborough, LE11 1RH

If you like a challenge and a bit of a thrill, book onto our climbing session and push yourself to your vertical limits. With the qualified instructors and using professional equipment you will be guided through the sessions at the Loughborough Climbing Station. Please remember: close-fitting clothing is recommended, particularly on the upper body and arms. Trousers and clean lightweight shoes are also recommended. Long hair should be tied back and jewellery removed.

Full Price: £12.00
Wild Card Price: £9.00
Concessionary Wild Card Price: £6.00

The activity is suitable for 7-15 year-olds
DEN BUILDING

Thursday 25\textsuperscript{th} October 14:00 – 16:00

The Outwoods, Woodhouse Lane, Loughborough, LE11 3YG

Test your skills by competing against each other to see who can build the best den; can you pass our water, wind and camouflage test? Please wear suitable clothing & footwear for the weather. Please bring a drink.

This is a family activity. Under 7’s will need to be accompanied by an adult. We are happy for younger siblings (Under 5) to participate in the activity for free providing they have a sibling aged 5+ booked on and a parent present.

\textit{Full Price:} £4.00  
\textit{Wild Card Price:} £3.00  
\textit{Concessionary Wild Card Price:} £2.00

\textit{The activity is suitable for 5-16 year-olds and parents}

Booking Required

FUN CRICKET

Thursday 25\textsuperscript{th} October 10:00 – 12:00

Soar Valley Leisure Centre, Astroturf Pitch, Kingfisher Road, Mountsorrel, Leicester, LE12 7FG

Come and join us this half term for some ‘Fun Cricket!’ – an exciting way for boys and girls aged 5-16 years-old to get active, have fun and learn some basic cricket skills.

Come and get involved in a fantastic opportunity to work with Leicestershire and Rutland Cricket experienced coaches. The session will be fun filled, making you not want to put your bat down at the end! An opportunity not to be missed! Come suitably dressed in sportswear and don’t forget your drink!
Under 7s need to be accompanied by a parent/carer for the duration of the activity.

**THIS ACTIVITY IS FREE!**

*The activity is suitable for 5-16 year-olds*

No Booking Required!

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**GEOCACHING**

**Tuesday 23rd October 14:00 – 16:00**

The Outwoods, Woodhouse Lane, Loughborough, LE11 3YG

Geocaching is often described as a “game of hi-tech hide and seek”. It is similar to orienteering, waymarking and treasure hunting. You will use GPS (Global Positioning Systems) provided by the Council to find the hidden 'caches' (container). Its great fun for all ages, come and give it a go. We will be working in small groups or families. Please wear suitable clothing & footwear for the weather and bring a drink. *All children under the age of 16 must be accompanied by an adult (aged 16yrs +). Children under 5 can attend for free with their family.*

Full Price: £4.00
Wild Card Price: £3.00
Concessionary Wild Card Price: £2.00

*The activity is suitable for 5-16 year-olds and parents*

Booking Required

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**HORSE RIDING LESSONS**

**Wednesday 17th October 10:00 - 12:00 (please arrive for 09:45)**

Park View Riding School, 100 Anstey Lane, Thurcaston, LE7 7JA

Come along to learn the fundamentals of horse riding, coached by BHS-approved instructors. Whether you are a novice or experienced rider we have a wide selection of horses and ponies, so we can match you with a suitable size and temperament. In addition to riding for a full 1 hour, you
would be able to take part in pony care and grooming as well.

All participants are required to wear trousers to ankle length, jumper or jacket and footwear should be sensible with no zips or buckles on the inside. A low heel is a necessity. No shorts, trainers, pumps, dolly shoes or open toed sandals allowed. Please remember to bring a drink. Please contact the Sport & Active Recreation team if you are unsure about what to wear before going to the session.

Under 7s need to be accompanied by a parent/carer for the duration of the activity.

**Full Price:** £21.00  
**Wild Card Price:** £15.75  
**Concessionary Wild Card Price:** £10.50

The activity is suitable for 5-16 year-olds

Booking Required

**INCLUSIVE MULTI-SPORTS**

**Friday 19th October 10:00 – 11:00**

Loughborough Leisure Centre, Browns Lane, Loughborough, LE11 3HE

Come and join in our inclusive specific multi-sports sessions where there will be a number of different activities on offer such as boccia, kurling, short tennis, bean bag targets, seated volleyball and more. Our Sports Leaders will adapt activities to suit all abilities. This activity is suited for children/young people aged between 5 and 16 with physical or learning disabilities and their siblings.

Family activity. Siblings and parents are encouraged to take part to make this a fun activity for the whole family. Siblings aged between 5 and 16 will pay the appropriate price with under 5s and parents participating for free. A parent or carer aged 16+ must stay for the duration of the activity.

**Full Price:** £3.00  
**Wild Card Price:** £2.25
**Concessionary Wild Card Price:** £1.50

**The activity is suitable for 5-16 year-olds**

*Booking Required*

**INDOOR BOWLS**

**Friday 19th October 14:00 – 15:30**

**Charnwood Indoor Bowls Club, Browns Lane, LE11 3HE**

Charnwood Indoor Bowls Club are opening their doors this summer for some exciting junior taster sessions. Come along and try out a new sport! No need for any previous experience, just turn up and have a go! Please wear comfortable clothing and socks for on the bowling green.

Venue information: Charnwood Indoor Bowls club is situated next door to Loughborough Leisure Centre.

**THIS ACTIVITY IS FREE!**

**The activity is suitable for 8-16 year-olds**

*Booking Required*

**MULTI-SPORTS**

**Monday 15th October 12:00 – 14:00**

**Sileby Community Centre, 41 High St, Sileby, Loughborough, LE12 7RX**

Want to have lots of fun as well as trying out different sports all in one session? Then this is the perfect opportunity for you. Come to our multi-sports sessions which will teach you the key skills in different game-based sports, allowing you to put these to the test in game situations. These sports include: **cricket, dodge ball, football, and tennis.** The sessions will be ran by Charnwood Borough Council Sports Leaders. Please wear shoes and clothing appropriate for the weather!

**Under 7s need to be accompanied by a parent/carer for the duration of the activity.**
Full Price: £4.00  
Wild Card Price: £3.00  
Concessionary Wild Card Price: £2.00  

The activity is suitable for 5-11 year-olds  
Booking Required  

TREASURE HUNT  
Wednesday 17th October 14:00 – 16:00  
Charnwood Water, off Tuckers Road, Loughborough, LE11 2PH  
Are you good at reading maps and following clues? This activity is especially for the treasure seekers among you! Bring your adventurous spirit and follow the clues around the field to complete the question and find the treasure. Remember to dress for all weather conditions.  
This is a family activity. Under 7’s will need to be accompanied by an adult. We are happy for younger siblings (Under 5) to participate in the activity for free providing they have a sibling aged 5+ booked on and a parent present.  
Full Price: £4.00  
Wild Card Price: £3.00  
Concessionary Wild Card Price: £2.00  

The activity is suitable for 5-11 year-olds  
Booking Required  

YOGA  
Tuesday 23rd October 11:30 – 12:30  
Balance Yoga Studio, Oak Business Centre, Ratcliffe Road, Sileby, LE12 7PU  
Yoga is great for creating a feeling of calm and tranquillity, and can help parents and kids to relax in each other’s company. You’ll all return home feeling connected, chilled and full of love!  
Come and join Lyndsey for Family Yoga:
* energetic and fun yoga games
* partner work to encourage connection and teamwork
* simple meditations and breathing practices to calm the mind and body
space to learn together and spend time deepening the bond between
parent and child.

**Price:** £4.00 per child and £4.00 per parent.

*The activity is suitable for 4-10 year-olds and parents*

Booking through Lyndsey Burton on
info@balanceyogastudio.co.uk or 07403688314
IMPORTANT INFORMATION FOR ALL ACTIVITIES

This half term we have yet another exciting programme of activities planned including the very popular arts and crafts, climbing, cheerleading, geocaching and much more. We have many exciting activities on offer to keep you entertained throughout the holidays which are available at a number of venues across the borough.

We strive to make our activities accessible for all; children with a disability are welcomed and encouraged to take part in all activities. Carers and parents are welcome to attend sessions. Please call on 01509 634592, should your child/children need extra support to discuss in further detail.

If you are unable to attend a booked session, we ask that you contact the Sport and Active Recreation Team on 01509 634673 at least 24 hours before the session so the place can be offered to someone else.

Age policy – The age ranges for each activity are strict and you cannot book your child if they are over or under the age restrictions. Please note that the Wild Card discount is only applicable for children aged 5-16. Children under the age of 7 MUST be accompanied by a parent/carer over the age of 16.

Drinks – For all activities, please send your child/children with a drink as there is not always a facility for this at all venues.

Staff - All staff are trained and have undergone enhanced Disclosure and Barring Service checks and are First Aid qualified.

Clothing - The weather during the holidays could be sunny, rainy or chilly. Please ensure that you/your child come dressed appropriately for the weather (jumpers/raincoats/wellington boots etc.).

Collecting from sessions - We do not take responsibility for participants outside the hours of the session. DO NOT leave your children unaccompanied until the activity staff arrive. The staff at venues are NOT responsible for your children. Please ensure that you complete the section on the booking form or advise when ringing to book if your child has permission to walk home alone from the session and will not be collected.

Children Under 5 - If a child under the age of 5 would like to attend a session, they must be accompanied by an adult or sibling over the age of 16. Please note that the Wild Card discount is only applicable for children aged 5-16.

Refunds Policy/Session changes - We will always endeavour to ensure that activity sessions operate as advertised in our activity brochures. However, we do reserve the right to
cancel sessions due to circumstances beyond our control. In the event of a cancellation we will provide you with as much notice as possible. Should it be necessary for us to cancel an activity, you will receive a full refund. Card payments will be refunded back to your card. If you have paid by cheque or cash you will receive a cheque in the post. In exceptional circumstances, it may be necessary to change the format of the activity on the day. This could be down to the weather on the day which could lead to the activity needing to be adapted. We will endeavour to inform parents/guardians/participants prior to the commencement of the session.

The booking of activities is considered to be a commitment to attend. Due to the large amount of daily bookings processed we are unable to alter a booking once confirmed. A refund will only be given in exceptional circumstances e.g. serious illness/accident.

Data Protection - The council will collect personal data about you and your child during the booking process, including - your name, address, contact details, payment details, child’s name, age and any relevant medical information.

This information is required to make and pay for a booking, provide activity staff with information of emergency contact details and, in the case of relevant medical information, to ensure the safety of your child while taking part in an activity.

The Council's condition for processing this information is your explicit consent, so it is very important that you have read and understood what information we will collect, and the purpose of the collection.

The Council will not pass on any of the details provided to anybody else, apart from the Child’s name to an external activity session leader where applicable, and the data will be retained in line with our retention schedule.

If you are not happy to provide the information requested, or withdraw your consent for the processing we will be unable to proceed with the booking.

For more information about how & why we process your personal data, your data protection rights or how to contact our data protection officer, please view our Privacy Notice https://www.charnwood.gov.uk/pages/privacynotice
You Said We Did

As part of our on-going commitment to improve our holiday programme we actively seek feedback on the activities we offer.

Based on feedback from our summer programme, we have made several adaptations to the programme for this October:

“Really liked that there were more inclusive sessions this time”

We have put on another inclusive multi-sports session as part of this October’s programme based on the success of the summer sessions.

“It would be good to see more outdoor activities”

During the programme, we will be putting on several outdoor activities all aimed at getting the whole family involved: geocaching, den building and treasure hunt.