October Holiday Activity Programme 2019
Information Pack for Parents

Following the success of our Summer Holiday Activity Programme, Charnwood Borough Council’s Sport and Active Recreation Team is offering you a new range of exciting opportunities designed to keep everyone entertained this October half term.

This October we have yet another exciting programme of activities planned to include the very popular climbing, cheerleading, den building and horse riding. There will also be archery legends, futsal and forest schools as requested by you! With 3 activities on offer every day, there is something for everybody this half term!

You can call our Contact Centre on 01509 634561 to book your child/ren to our activities. A full list of each activity can be viewed below:

ALL STARS CRICKET

Thursday 17th October 14:00 – 16:00

Soar Valley Leisure Centre, Astroturf Pitch 1, Kingfisher Road, Mountsorrel, LE12 7FG

Introducing All Stars Cricket – the new and exciting way for boys and girls aged 5-8 years-old to get active, have fun and learn key fundamental movement skills. The All Stars Cricket Programme have a free fun packed taster session for you this half term!

Come and join a fantastic opportunity to work with Leicestershire and Rutland Cricket experienced coaches. The session will be fun filled, making you not want to put your bat down at the end! An opportunity not to be missed! Come suitably dressed in sportswear and don’t forget your drink!

Under 7s need to be accompanied by a parent/carer for the duration of the activity.

THIS ACTIVITY IS FREE!

The activity is suitable for 5-8 year-olds
ARCHERY LEGENDS EXPERIENCE

Monday 14th October 10:00 – 11:20

Great Central Trading Park, Great Central Road, Loughborough, LE11 1RW

The 'Little Johns Band of Bowmen Experience' introduces children to the wonderful world of archery in a controlled environment. The Dragon Range is a specially designed, self-contained shooting area where our mini-archers can learn to shoot real bows and arrows just like Robin Hood.

After a comprehensive safety briefing, you’ll be allocated a traditional bow, a quiver of arrows and taken through to the Dragon Range where our instructors will be on hand to help ensure you get the most out of your experience. With 1 supervisor being on hand for every 2 children.

All equipment will be supplied; light, long sleeved tops are preferred; please wear flat, comfortable shoes/trainers; no earrings (newly pierced ears, a.k.a. studs, can be covered in micropore, which is provided); long hair must be tied back.

**Full Price:** £12.00  
**Wild Card Price:** £9.00  
**Concessionary Wild Card Price:** £6.00  

The activity is suitable for 7-11 year-olds

Booking Required

ARTS & CRAFTS

Tuesday 15th October 10:00 – 12:00

United Reformed Church, 39 Frederick Street, Loughborough, LE11 3BH

Inspire your imagination and create delightful crafts, handmade gifts or just enjoy getting creative in a relaxed and fun environment!

The following activity will be available:
SLIME WORKSHOP

- Learn How to Create Your Own ‘Glow in the Dark Slime’ & receive a 'Slime Recipe Sheet'

- Visit the ‘Slime Bar’ to add the extras.

- Finish by Decorating Your Own ‘Slime’ Tub

There will also be colouring and painting available.

Suitable for Children aged 4+

There will be a sink at the venue for children to wash their hands after the session, but please bring suitable clothes as they might get dirty and messy from the activities.

Under 7s need to be accompanied by a parent/carer for the duration of the activity.

**Full Price:** £4.00  
**Wild Card Price:** £3.00  
**Concessionary Wild Card Price:** £2.00

*The activity is suitable for 4-10 year-olds*

*Booking Required*

BOXFIT

**Wednesday 16th October 10:00 – 11:00**

Gorse Covert Community Centre, Maxwell Drive, Loughborough, LE11 4RZ

BoxFit is a fun social, non-contact introduction into recreational boxing. During the session will focus on participant’s fundamental movement, great for discipline and confidence whilst challenging energy in a controlled environment.

Participants will engage in;

- Technical work
- Games
- Light Fitness
- Pad work

A t-shirt, shorts or leggings with comfortable footwear will be appropriate attire. A drink will be required (preferably water). Long hair will need to be tied back with all jewellery removed.

**Full Price:** £4.00  
**Wild Card Price:** £3.00  
**Concessionary Wild Card Price:** £2.00

*The activity is suitable for 7-16 year-olds*

**Booking Required**

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**CHEERLEADING**

**Wednesday 16th October 10:00 – 11:30**

Old Mission Church (next to Rosebery St. Peters Church) Storer Road, Loughborough, LE11 5EQ

Fancy doing some cheerleading? Come and try this exciting new sport, delivered by the coaches from Wildfire Cheer Club! Get ready for lots of dancing, tumbling and even some high-flying stunts while having lots of laugh!

Please bring a drink along and wear appropriate clothes (e.g. a t-shirt and shorts or leggings) and clean trainers for indoor use. If you have long hair it needs to be tied back. All jewellery must be removed.

**Under 7s need to be accompanied by a parent/carer for the duration of the activity.**

**Full Price:** £6.00  
**Wild Card Price:** £4.50  
**Concessionary Wild Card Price:** £3.00

**Booking Required**

*The activity is suitable for 5-10 year-olds*
CLIMBING STATION

Friday 18th October 14:00 – 15:30

The Climbing Station, Empress Road (off Moor Lane), Loughborough, LE11 1RH

If you like a challenge and a bit of a thrill, book onto our climbing session and push yourself to your vertical limits. With the qualified instructors and using professional equipment you will be guided through the sessions at the Loughborough Climbing Station. Please remember: close-fitting clothing is recommended, particularly on the upper body and arms. Trousers and clean lightweight shoes are also recommended. Long hair should be tied back and jewellery removed.

Full Price: £12.00
Wild Card Price: £9.00
Concessionary Wild Card Price: £6.00

The activity is suitable for 7-15 year-olds

Booking Required

DEN BUILDING

Wednesday 16th October 14:00 – 16:00

The Outwoods, Woodhouse Lane, Loughborough, LE11 3YG

Test your skills by competing against each other to see who can build the best den; can you pass our water, wind and camouflage test? Please wear suitable clothing & footwear for the weather. Please bring a drink.

Please be aware that there is a parking charge of £1 when using the Outwoods carpark. All visitors are required to pay £1 to park for a day. These charges apply every day (including Bank Holidays) between 6am and midnight. The car park has free Blue Badge parking.

This is a family activity. Under 7’s will need to be accompanied by an adult. We are happy for younger siblings (Under 4) to participate in
the activity for free providing they have a sibling aged 4+ booked on and a parent present.

**Full Price:** £4.00  
**Wild Card Price:** £3.00  
**Concessionary Wild Card Price:** £2.00

*The activity is suitable for 4-16 year-olds and parents*

**Booking Required**

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**DODGEBALL GAMES**

**Monday 14th October 14:00 – 16:00**

Elizabeth Park Centre, Checkland Road, Thurcaston, Leicester, LE4 8FN

Come for 2 crazy hours full of exciting dodgeball invasion games! As well as the original version of dodgeball, we will be playing other different variations of the game, such as army dodgeball, doctor dodgeball and prison dodgeball. Please come dressed appropriate for the weather and bring your own drink. The sessions will be ran by Taysports qualified coaches.

**Under 7s need to be accompanied by a parent/carer for the duration of the activity.**

**Full Price:** £4.00  
**Wild Card Price:** £3.00  
**Concessionary Wild Card Price:** £2.00

*The activity is suitable for 5-11 year-olds*

**Booking Required**

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**FOREST SCHOOLS**

**Thursday 17th October 10:00 – 13:00**

The Outwoods, Woodhouse Lane, Loughborough, LE11 3YG

A great opportunity for children to embrace the outdoor environment and
have experiences to play games, cook, build dens and make crafts to bring home. Please wear suitable clothing & footwear for the weather. Please bring a drink and packed lunch.

Please be aware that there is a parking charge of £1 when using the Outwoods carpark. All visitors are required to pay £1 to park for a day. These charges apply every day (including Bank Holidays) between 6am and midnight. The car park has free Blue Badge parking.

**Full Price: £6.00**  
**Wild Card Price: £4.50**  
**Concessionary Wild Card Price: £3.00**

The activity is suitable for 7-14 year-olds and parents

Booking Required

**FUTSAL**

**Thursday 17th October 10:00 – 11:00**

Loughborough College sports Hall, Radmoor Road, Loughborough, LE11 3BT

Futsal comes from Spanish fútbol sala or fútbol de salón and from Portuguese futebol de salão. and translates to "indoor football" played in a hall/lounge. Futsal is a five-a-side game, normally played on a flat indoor pitch with hockey sized goals and a size four ball with a reduced bounce, it’s great for developing players control and skills.

The taster session will be delivered by a qualified FA coach and will include fun games, skills and drills. The session will be delivered indoors but please wear appropriate clothing, for safety reasons it is required that all participants wear shin pads, but must wear trainers or Astroturf trainers, please DO NOT wear studded or molded boots. Please bring a drink; any other equipment will be provided.

**Full Price: £4.00**  
**Wild Card Price: £3.00**  
**Concessionary Wild Card Price: £2.00**
**The activity is suitable for 7-16 year-olds**

**Booking Required**

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**HORSE RIDING LESSONS**

**Monday 14th October 10:00 - 12:00 (please arrive for 09:45)**

Park View Riding School, 100 Anstey Lane, Thurcaston, LE7 7JA

Come along to learn the fundamentals of horse riding, coached by BHS-approved instructors. Whether you are a novice or experienced rider we have a wide selection of horses and ponies, so we can match you with a suitable size and temperament. In addition to riding for a full 1 hour, you would be able to take part in pony care and grooming as well.

All participants are required to wear trousers to ankle length, jumper or jacket and footwear should be sensible with no zips or buckles on the inside. A low heel is a necessity. No shorts, trainers, pumps, dolly shoes or open toed sandals allowed. Please remember to bring a drink. Please contact the Sport & Active Recreation team if you are unsure about what to wear before going to the session.

**Under 7s need to be accompanied by a parent/carer for the duration of the activity.**

**Full Price:** £21.00  
**Wild Card Price:** £15.75  
**Concessionary Wild Card Price:** £10.50

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**The activity is suitable for 5-16 year-olds**

**Booking Required**

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**LASER QUEST**

**Friday 18th October 10:00 - 12:00 (please arrive for 09:45)**

Laser Quest, Floor 1 Sital House, Cattle Market, Loughborough, LE11 3DL
Laser Quest is a non-contact interactive laser game suitable for children over the age of 6. We provide full briefings and all the equipment you need. Each player is kitted out with a futuristic body pack and carries a laser. Each game is played out in the Laser Quest labyrinth, with catwalks, mazes, swirling fog, music and lights. You score points when you zap your opponents but lose points when they zap you. Players can compete in 20 minute sessions. From team to solo games, there is a format suitable for you. Scores are displayed on monitors at the end of the game with each player receiving their own score card.

Under 7s need to be accompanied by a parent/carer for the duration of the activity.

**Full Price:** £8.00  
**Wild Card Price:** £6.00  
**Concessionary Wild Card Price:** £4.00

*The activity is suitable for 6-16 year-olds – Minimum height 1.1 metres*

**Booking Required**

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**ORIENTEERING**

**Tuesday 15th October 2019 10:00 – 12:00**

King Lear’s Lake Car Park, Watermead Park, off Wanlip Road, LE7 1PD

This session in The Outwoods will introduce participants to orienteering over a relatively easy course throughout the woods. The session will test and improve your map reading skills and follows a permanent course around the woods. It will also test your team and how you work together as a team, to try to gather all the clues. Please note that children under eight must be accompanied by an adult. Please wear suitable clothing and footwear for the weather. Please bring a drink. The sessions will be run by Charnwood Borough Council Sports Leaders.

**This is a family activity. Under 7s need to be accompanied by a parent/carer for the duration of the activity.**

**Full Price:** £4.00  
**Wild Card Price:** £3.00
**Concessionary Wild Card Price:** £2.00

**The activity is suitable for 4-16 year-olds and parents**

**Booking Required**

**PREMIER LEAGUE KICKS FOOTBALL**

**Tuesday 15th October; 14:00 – 15:00 for 8-11 year-olds and 15:00 – 16:00 for 11-16 year olds**

Soar Valley Leisure Centre, Astroturf 1, Kingfisher Road, Mountsorrel, Leicester, LE12 7FG

Premier League Kicks is one of the Premier League's flagship community programmes.

By engaging youngsters in constructive activities including a wide variety of sports, coaching, music and educational as well as personal development sessions - communities up and down the country have been transformed with impressive sports participation rates. The authorities have also reported significant reductions in anti-social behaviour in the areas in which it is delivered.

Leicester City Community Trust began delivering Kicks in October 2014 and delivers in community settings across the city, and more recently the county. Moving forward, the programme aims to build relationships with current and additional partners, as well as increasing opportunities for underrepresented groups and individuals in local communities. This includes young people from a range of backgrounds, and refugee and asylum seekers.

**PL Kicks objectives:**

- To promote participation in sport in areas of high need
- To provide opportunities for young people to develop skills and confidence
- To support young people to progress into positive pathways’
Please wear suitable clothing and footwear, NO boots required. Please bring a drink.

**THIS ACTIVITY IS FREE!**

*The activity is suitable for 8-16 year-olds*

*Booking Required*

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**TREASURE HUNT**

**Friday 18th October 14:00 – 16:00**

Glenmore Park, off Britannia Street, Shepshed, LE12 9AW

Are you good at reading maps and following clues? This activity is especially for the treasure seekers among you! Bring your adventurous spirit and follow the clues around the park to complete the question and find the treasure.

Follow the clues around the grounds of Glenmore Park to complete the question and find the treasure. Remember to dress for all weather conditions and bring a drink along. The sessions will be ran by Charnwood Borough Council Sports Leaders.

This is a family activity. Under 7’s will need to be accompanied by an adult. We are happy for younger siblings (Under 4) to participate in the activity for free providing they have a sibling aged 4+ booked on and a parent present.

*Full Price:* £4.00  
*Wild Card Price:* £3.00  
*Concessionary Wild Card Price:* £2.00

*The activity is suitable for 4-16 year-olds*

*Booking Required*

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**IMPORTANT INFORMATION FOR ALL ACTIVITIES**
We strive to make our activities accessible for all; children with a disability are welcomed and encouraged to take part in all activities. Carers and parents are welcome to attend sessions. Please call on 01509 634592, should your child/children need extra support to discuss in further detail.

If you are unable to attend a booked session, we ask that you contact the Sport and Active Recreation Team on 01509 634673 at least 24 hours before the session so the place can be offered to someone else.

**Age policy** – The age ranges for each activity are strict and you cannot book your child if they are over or under the age restrictions. Please note that the Wild Card discount is only applicable for children aged 5-16. Children under the age of 7 MUST be accompanied by a parent/carer over the age of 16.

**Drinks** – For all activities, please send your child/children with a drink as there is not always a facility for this at all venues.

**Staff** - All staff have undergone enhanced Disclosure and Barring Service checks and are First Aid qualified.

**Clothing** - The weather during the holidays could be sunny, rainy or chilly. Please ensure that you/your child come dressed appropriately for the weather (jumpers/raincoats/wellington boots etc.).

**Collecting from sessions** - We do not take responsibility for participants outside the hours of the session. **DO NOT** leave your children unaccompanied until the activity staff arrive. The staff at venues are **NOT** responsible for your children. Please ensure that you complete the section on the booking form or advise when ringing to book if your child has permission to walk home alone from the session and will not be collected.

**Children Under 5** - If a child under the age of 5 would like to attend a session, they must be accompanied by an adult or sibling over the age of 16. Please note that the Wild Card discount is only applicable for children aged 5-16.

**Refunds Policy/Session changes** - We will always endeavour to ensure that activity sessions operate as advertised in our activity brochures. However, we do reserve the right to cancel sessions due to circumstances beyond our control. In the event of a cancellation we will provide you with as much notice as possible. Should it be necessary for us to cancel an activity, you will receive a full refund. Card payments will be refunded back to your card. If you have paid by cheque or cash you will receive a cheque in the post. In exceptional circumstances, it may be necessary to change the format of the activity on the day. This could be down to the weather on the day which could lead to the activity needing to be adapted. We will endeavour to inform parents/guardians/participants prior to the commencement of the session.
The booking of activities is considered to be a commitment to attend. Due to the large amount of daily bookings processed we are unable to alter a booking once confirmed. A refund will only be given in exceptional circumstances e.g. serious illness/accident.

**Data Protection** - The council will collect personal data about you and your child during the booking process, including - your name, address, contact details, payment details, child’s name, age and any relevant medical information.

This information is required to make and pay for a booking, provide activity staff with information of emergency contact details and, in the case of relevant medical information, to ensure the safety of your child while taking part in an activity.

The Council’s condition for processing this information is your explicit consent, so it is very important that you have read and understood what information we will collect, and the purpose of the collection.

The Council will not pass on any of the details provided to anybody else, apart from the Child’s name to an external activity session leader where applicable, and the data will be retained in line with our retention schedule.

If you are not happy to provide the information requested or withdraw your consent for the processing, we will be unable to proceed with the booking.

For more information about how & why we process your personal data, your data protection rights or how to contact our data protection officer, please view our Privacy Notice https://www.charnwood.gov.uk/pages/privacynotice

**You Said We Did**

As part of our on-going commitment to improve our holiday programme we actively seek feedback on the activities we offer.

Based on feedback from our Summer programme 2019, we have made several adaptations to the programme for this October:

**You said ....**

“more cheerleading” “Hannah who took cheerleading was an excellent coach”

“more Football” “Futsal -Great activity”

“more BoxFit”

**We did ....**

This October, due to demand we will be including Cheerleading, Futsal and Premier League Football sessions for our customers to enjoy during the half term.
There will also be a BoxFit session Wednesday 16th October from 10:00-11:00. The taster sessions over the Summer proved to be extremely popular and both sessions were fully booked.

You said ....

“fantastic service over summer holidays for children”

“The children have really enjoyed the session this summer, great instructors and good organisation. Good value for money”

“I think it is a great activity programme, brilliant value for money and the kids enjoy it”

We did ....

Thank you for your positive feedback, we endeavour to continue ensuring that our customers are satisfied with our service, it’s great to hear that the children enjoy our activities and the parents are also happy with our service.

You said ....

“the new online booking system worked really well and was a lot easier”

“great that can book activities online now, not very easy to use on iPhone though. My 3 children continue to enjoy the activities you run over the holidays- thank you!”

We did ....

We are thrilled that our customers are happy with our online booking system, we hope this will continue to make the process easy and simple for you on all devices. Did you know that only 10% of bookings were taken through the Contact Centre, therefore 90% were completed through the new online booking system.