



Summer Holiday Activity Programme

Information Pack for Parents

Following the success of our April Holiday Activity Programme, Charnwood Borough Council's Sport and Active Recreation Team is offering you a new range of exciting opportunities designed to keep everyone entertained this April's half term.

This Summer we have yet another exciting programme of activities planned to include the very popular climbing, cheerleading, den building and horse riding. There will also be archery legends, multi-sports, futsal and a forest school session as requested by you! With 3 activities on offer every day, there is something for everybody this Summer!

You can call our Contact Centre on **01509 634561** to book your child/ren to our activities. A full list of each activity can be viewed below:

ABSEILING

Monday 22nd July 2019 13:45 – 15:15

Tuesday 6th August 2019 13:45 – 15:15

Leicester Outdoor Pursuits Centre, Loughborough Road, Leicester, LE4 5PN

Come and join us at LOPC for a fantastic new activity. Abseiling provides a fantastic opportunity to try your head with heights. The adrenaline you feel as you lean back and learn to trust your equipment leaves you with a lasting memory you can hold for the rest of your life. You'll never forget your first abseil. Taking place on the 9.5m vertical abseil wall, make sure you check out the view as you walk or bounce all the way down to the bottom. Please remember: Close fitting clothing is recommended, particularly on the upper body and arms. Trousers and lightweight shoes are also recommended. Long hair should be tied back and jewellery removed. Please arrive at the centre 10 minutes prior to the activity commencing.

Full Price: £12.00

Wild Card Price: £9.00

Concessionary Wild Card Price: £6.00

The activity is suitable for 5-16 year-olds



Booking Required!

AERIAL TREKKING

Friday 2nd August 2019 11:30 - 13:00

Friday 23th August 2019 11:30 - 13:00

Leicester Outdoor Pursuits Centre, Loughborough Road, Leicester, LE4 5PN

This course provides a challenging activity ten metres above the ground. Whilst attached to a safety cord, you will need to conjure up the courage to stride across the gap from the tower onto the course. Please remember: Close-fitting clothing is recommended, particularly on the upper body and arms. Trousers and clean lightweight shoes are also recommended. Long hair should be tied back and jewellery removed. Please arrive at the centre 10 minutes prior to the activity commencing.

Full Price: £15.00

Wild Card Price: £11.25

Concessionary Wild Card Price: £7.50

The activity is suitable for 8-16 year-olds

Booking Required

ALL STARS CRICKET

Tuesday 23rd July 14:00 – 16:00

Friday 9th August 10:00 – 12:00

Wednesday 21st August 14:00 – 16:00

Derby Road Playing Fields, off Cotton Way, Loughborough, LE11 5FJ

Introducing All Stars Cricket – the new and exciting way for boys and girls aged 5-8 years-old to get active, have fun and learn key fundamental movement skills. The All Stars Cricket Programme has started in May throughout Leicestershire, and we have a free taster for you this half term!

Come and join a fantastic opportunity to work with Leicestershire and Rutland Cricket experienced coaches. The session will be fun filled, making you not want to put your bat down at the end! An opportunity not to be missed! Come suitably dressed in sportswear and don't forget your drink!

Under 7s need to be accompanied by a parent/carer for the duration of the



activity.

THIS ACTIVITY IS FREE!

The activity is suitable for 5-8 year-olds

No Booking Required!

ARCHERY LEGENDS EXPERIENCE

Monday 22nd July 13:00 – 14:20

Monday 5th August 10:00 – 11:20

Monday 19th August 10:00 – 11:20

Great Central Trading Park, Great Central Road, Loughborough, LE11 1RW

The 'Little Johns Band of Bowmen Experience' introduces children to the wonderful world of archery in a controlled environment. The Dragon Range is a specially designed, self-contained shooting area where our mini-archers can learn to shoot real bows and arrows just like Robin Hood.

After a comprehensive safety briefing, you'll be allocated a traditional bow, a quiver of arrows and taken through to the Dragon Range where our instructors will be on hand to help ensure you get the most out of your experience. With 1 supervisor being on hand for every 2 children.

All equipment will be supplied; light, long sleeved tops are preferred; please wear flat, comfortable shoes/trainers; no earrings (newly pierced ears, a.k.a. studs, can be covered in micropore, which is provided); long hair must be tied back.

Under 7s need to be accompanied by a parent/carer for the duration of the activity.

Full Price: £12.00

Wild Card Price: £9.00

Concessionary Wild Card Price: £6.00

The activity is suitable for 7-11 year-olds

Booking Required

ARTS & CRAFTS

Wednesday 17th July 14:00 – 16:00

Wednesday 24th July 10:00 – 12:00

Wednesday 7th August 14:00 – 16:00

Friday 23rd August 14:00 – 16:00

United Reformed Church, 39 Frederick Street, Loughborough, LE11 3BH

Inspire your imagination and create delightful crafts, handmade gifts or just enjoy getting creative in a relaxed and fun environment!

The following activities will be available:

Wednesday 17th July 14:00 – 16:00

Crafts based on “Summer”

- Funky Sun Glasses
- Beaded Key Ring (in shape of a flipflop!)
- Festival Netting
- Seaside Pictures/Painting

Wednesday 24th July 10:00 – 12:00

Crafts based on “Pirates”

- Hats
- Hooks
- Swords
- Parrots
- Treasure Islands
- Treasure Boxes

Wednesday 7th August 14:00 – 16:00

Crafts based on a “Day at the Zoo”

- Animal Masks
- Spiral Snakes
- Animal Handprints
- Clay Animals
- Decoupatch Jungle Animals

Friday 23rd August 14:00 – 16:00

Crafts based on “Flying/Birds/Dragons/Unicorns”

- Rocket & Aeroplane Footprints
- Decoupatch Bird Houses
- Willow Dragon/Unicorn Wings

- Helicopter Spinners

There will also be colouring and painting available at each session.

There will be a sink at the venue for children to wash their hands after the session, but please bring suitable clothes as they might get dirty and messy from the activities.

Under 7s need to be accompanied by a parent/carer for the duration of the activity.

Full Price: £4.00

Wild Card Price: £3.00

Concessionary Wild Card Price: £2.00

The activity is suitable for 4-10 year-olds

Booking Required

BOXING

Monday 15th July 2019 15:00 – 16:00

Monday 29th July 2019 15:00 – 16:00

Monday 12th August 2019 15:00 – 16:00

Carl Gunns' Boxing Gym, 275 Birstall Road, Birstall, LE4 4DJ

Come along to the very popular Carl Gunns Boxing Club. Carl himself will lead the session and make sure that every child gets the most out of it, in a fun, friendly and safe atmosphere. Please wear appropriate clothing for moving around and bring a drink; any other necessary equipment will be provided.

Please note that, although the most accurate one, the postcode will lead you a hundred metres up the road, near the Parish Council. Carl's gym is located right after the small roundabout between Birstall Road and Wanlip Lane, on the left side. Parking there is limited, but you can park at the Parish Council or the nearby supermarket. For further information, please call Carl Gunns on 0116 267 1494

Under 7s need to be accompanied by a parent/carer for the duration of the activity.

Price: £1 payable to the coach on arrival.

The activity is suitable for 5-16 year-olds



No Booking Required.

BOXFIT

Tuesday 16th July 2019 10:00 – 11:00

Tuesday 30th July 2019 10:00 – 11:00

Gorse Covert Community Centre, Maxwell Drive, Loughborough, LE11 4RZ

BoxFit is a fun social, non-contact introduction into recreational boxing. During the session will focus on participant's fundamental movement, great for discipline and confidence whilst challenging energy in a controlled environment.

Participants will engage in;

- Technical work
- Games
- Light Fitness
- Pad work

A t-shirt, shorts or leggings with comfortable footwear will be appropriate attire. A drink will be required (preferably water). Long hair will need to be tied back with all jewellery removed.

Full Price: £4.00

Wild Card Price: £3.00

Concessionary Wild Card Price: £2.00

The activity is suitable for 5-16 year-olds

Booking Required

CANOEING

Thursday 18th July 2019 11:30 - 13:00

Tuesday 13th August 2019 13:45 - 15:15

Leicester Outdoor Pursuits Centre, Loughborough Road, Leicester, LE4 5PN

We are delighted to offer this great open water session at the Leicester Outdoor Pursuits Centre. Come along and have a go under the supervision of a qualified instructor teaching you skills and techniques. Its great fun and not to be missed!



Children must be capable of swimming at least 50m and be confident in deep water. The canoeists will travel a short distance along the River Soar and return to the centre. All equipment is provided including buoyancy aids. However, please dress appropriately for the weather (no jeans/denim) Bring waterproof clothing and a full change of clothes including a towel, just in case! Please arrive at the centre 10 minutes prior to the activity commencing.

Full Price: £12.00

Wild Card Price: £9.00

Concessionary Wild Card Price: £6.00

The activity is suitable for 8-16 year-olds

Booking Required

CHEERLEADING

Wednesday 31st July 10:00 – 11:30

Wednesday 14th August 10:00 – 11:30

Charnwood College Sports Hall, Thorpe Hill, Loughborough, LE11 4SQ

Fancy doing some cheerleading? Come down to Charnwood College and try this exciting new sport, delivered by the coaches from Wildfire Cheer Club! Get ready for lots of dancing, tumbling and even some high-flying stunts while having lots of laugh!

Please bring a drink along and wear appropriate clothes (e.g. a t-shirt and shorts or leggings) and clean trainers for indoor use. If you have long hair it needs to be tied back. All jewellery must be removed.

Under 7s need to be accompanied by a parent/carer for the duration of the activity.

Full Price: £6.00

Wild Card Price: £4.50

Concessionary Wild Card Price: £3.00

Booking Required

The activity is suitable for 5-10 year-olds

CLIMBING STATION

Tuesday 16th July 2019 14:00 – 15:30



Tuesday 23rd July 2019 11:00 – 12:30
Monday 5th August 2019 14:00 – 15:30
Wednesday 21st August 2019 11:00 – 12:30

The Climbing Station, Empress Road (off Moor Lane), Loughborough, LE11 1RH

If you like a challenge and a bit of a thrill, book onto our climbing session and push yourself to your vertical limits. With the qualified instructors and using professional equipment you will be guided through the sessions at the Loughborough Climbing Station. Please remember: close-fitting clothing is recommended, particularly on the upper body and arms. Trousers and clean lightweight shoes are also recommended. Long hair should be tied back and jewellery removed.

Full Price: £12.00

Wild Card Price: £9.00

Concessionary Wild Card Price: £6.00

The activity is suitable for 7-15 year-olds

Booking Required

DANCE

Friday 19th July 2019 14:00 – 15:30 (6-8 yrs)
Thrussington Village Hall, Hoby Road, Thrussington, LE7 4TH

Friday 26th July 2019 10:00 – 11:30 (9-12 yrs)
Elizabeth Park Centre, Checkland Rd, Thurmaston, Leicester, LE4 8FN

Thursday 1st August 2019 10:00 – 11:30 (6-8 yrs)
Jubilee Hall, Staddon Road, Anstey, LE7 7AY

Tuesday 13th August 2019 14:00 - 15:30 (9-12 yrs)
Sileby Community Centre, 41 High Street, Sileby, LE12 7RX

Come and join dance professional, Danielle, for a fun filled Dance Workshop this summer. Using the latest chart music, each session comprises of; a warm up, technique, choreography, and dance themed games. Your child will be encouraged throughout to show off their personality and individuality.

There may also be an opportunity to create their own choreography, subject to age and ability.

Bring a drink, and wear clothing suitable for dance (t-shirt, leggings/jogging bottoms/shorts) with supportive footwear (trainers or plimsols) No jeans or sandals/flip flops, please. It is advised that long hair is tied up away from the face, and all jewellery removed.

Whether you dance regularly or just want to try it, everyone is welcome! Under 7s need to be accompanied by a parent/carer for the duration of the activity.

Full Price: £4.00

Wild Card Price: £3.00

Concessionary Wild Card Price: £2.00

The activity is suitable for 6-12 year-olds

Booking Required

DEN BUILDING

Thursday 1st August 2019 14:00 – 16:00

Tuesday 13th August 2019 10:00 - 12:00

The Outwoods, Woodhouse Lane, Loughborough, LE11 3YG

Test your skills by competing against each other to see who can build the best den; can you pass our water, wind and camouflage test? Please wear suitable clothing & footwear for the weather. Please bring a drink. These sessions will be run by Charnwood Borough Council Sports Leaders.

Please be aware that there is a parking charge of £1 when using the Outwoods carpark. Visitors are required to pay £1 to park for a day. These charges apply every day (including Bank Holidays) between 6am and midnight. The car park has free Blue Badge parking.

This is a family activity. Under 7's will need to be accompanied by an adult. We are happy for younger siblings (Under 4) to participate in the activity for free providing they have a sibling aged 4+ booked on and a parent present.

Full Price: £4.00

Wild Card Price: £3.00

Concessionary Wild Card Price: £2.00

The activity is suitable for 4-16 year-olds and parents

Booking Required



DODGEBALL GAMES

Tuesday 23rd July 2019 10:00 – 12:00

Thursday 22nd August 2019 14:00 – 16:00

Elizabeth Park Centre, Checkland Road, Thurmaston, Leicester LE4 8FN

From children to adults, dodgeball is everyone's favourite sport which can be enjoyed by all. Duck, Dodge and Dive into becoming a Dodgeball Champion, experience a range of different variations including:

- Save the Universe
- Doctor Dodgeball
- Kings/ Queens

Dodgeball is a fun and competitive sport which is suitable for all ages and abilities. The different variations are enjoyable and lead by fun and enthusiastic Dodgeball Coaches.

Please bring along and wear appropriate clothes (Sports kit and trainers). If you have long hair it needs to be tied back. Please bring a water bottle. All jewellery must be removed.

These sessions will be run by Tayplaysport's qualified coaches.

Under 7s need to be accompanied by a parent/carer for the duration of the activity.

Full Price: £4.00

Wild Card Price: £3.00

Concessionary Wild Card Price: £2.00

The activity is suitable for 5-11 year-olds

Booking Required

FAMILY OLYMPICS

Friday 2nd August 2019 14:00 – 16:00

Glenmore Park, off Britannia Street, Shepshed, LE12 9AW



Wednesday 14th August 14:00 – 16:00

**King Georges Playing Field, Wycliffe Avenue, Barrow upon Soar,
Loughborough, LE12 8QH**

Two hours of non-stop action with everyone involved! Our family Olympic events will get families competing with one another in many different activities. At the end we might have a parent's vs children all-star game! These sessions will be run by Charnwood Borough Council Sports Leaders. Please bring a drink and wear suitable clothing.

There needs to be at least one child between the ages of 4 and 16 years old and one parent or older 16+ sibling taking part. Under 4's are welcome to come along for free and take part in some of the activities, if appropriate, provided they have an older sibling and a parent booked in. Families can book in as many members as they wish. **Adults don't have to pay, they go for free!**

Under 7s need to be accompanied by a parent/carer for the duration of the activity.

Full Price: £4.00

Wild Card Price: £3.00

Concessionary Wild Card Price: £2.00

The activity is suitable for 4-16 year-olds and families

Booking Required

FAMILY ROUNDERS

Friday 26th July 2019 14:00 – 16:00

Tuesday 20th August 2019 10:00 – 12:00

Stadon Road Park, Stadon Road, Anstey LE7 7AY

Come and play rounders with your friends and family. The session will comprise of some warm up games and activities for all participants to improve your rounders skills, such as throwing catching and batting. You will then play rounders, together with maybe one or two variations to the game.

These sessions will be run by Charnwood Borough Council Sports Leaders Please bring a drink and wear appropriate shoes and clothing.

There needs to be at least one child between the ages of 4 and 16 years old and one

parent or older 16+ sibling taking part. Under 4's are welcome to come along for free and take part in some of the activities, if appropriate, provided they have an older sibling and a parent booked in. Families can book in as many members as they wish.
Adults don't have to pay, they go for free!

Under 7s need to be accompanied by a parent/carer for the duration of the activity.

Full Price: £4.00

Wild Card Price: £3.00

Concessionary Wild Card Price: £2.00

The activity is suitable for 4-16 year-olds and families

Booking Required

FAMILY YOGA

Wednesday 24th July 2019 11:30 - 12:30

Wednesday 21st August 2019 11:30 - 12:30

Balance Yoga Studio, Oak Business Centre, Ratcliffe Road, Sileby, LE12 7PU

Yoga is great for creating a feeling of calm and tranquillity and can help parents and kids to relax in each other's company. You'll all return home feeling connected, chilled and full of love!

Come and join Lyndsey for Family Yoga:

- * energetic and fun yoga games
- * partner work to encourage connection and teamwork
- * simple meditations and breathing practices to calm the mind and body

space to learn together and spend time deepening the bond between parent and child.

Please bring a drink along and wear appropriate clothes (e.g. a t-shirt and shorts or leggings). If you have long hair it needs to be tied back. All jewellery must be removed.

This is a family activity. Under 7's will need to be accompanied by an adult.

Full Price: £4.00



BOOKING REQUIRED

Booking through Lyndsey Burton:

For more info contact: info@balanceyogastudio.co.uk or 07403688314

The activity is suitable for 4-10 year-olds and parents

FOREST SCHOOLS

Tuesday 6th August 2019 10:00 – 13:00

Friday 23rd August 2019 10:00 – 13:00

The Outwoods, Woodhouse Lane, Loughborough, LE11 3YG

A great opportunity for children to embrace the outdoor environment and have experiences to play games, cook, build dens and make crafts to bring home. Please wear suitable clothing & footwear for the weather. Please bring a drink and packed lunch. These sessions will be run by Charnwood Borough Council Sports Leaders.

Please be aware that there is a parking charge of £1 when using the Outwoods carpark. Visitors are required to pay £1 to park for a day. These charges apply every day (including Bank Holidays) between 6am and midnight. The car park has free Blue Badge parking.

Full Price: £6.00

Wild Card Price: £4.50

Concessionary Wild Card Price: £3.00

The activity is suitable for 7-14 year-olds and parents

Booking Required

FRISBEE FUN

Tuesday 30th July 2019 14:00 – 16:00

School Lane Playing Fields, School Lane, Birstall LE4 4DH



Have fun learning how to throw and catch a Frisbee. A session packed with games and activities, finishing with a game of ultimate Frisbee to put your new skills into practice. Please bring a drink with you.

Please wear suitable clothing & footwear for the weather and bring a drink. This session will be run by Charnwood Borough Council Sports Leaders.

Full Price: £4.00

Wild Card Price: £3.00

Concessionary Wild Card Price: £2.00

BOOKING REQUIRED

FUTSAL

Friday 19th July 2019 10:00 - 11:00 - 7-11 yrs and 11:00 - 12:00 - 11-16 yrs

Loughborough College Sports Hall, Radmoor Road, Loughborough, LE11 3BT

Thursday 25th July 2019 14:00 - 15:00 - 7-11 yrs and 15:00 - 16:00 - 11-16 yrs

Loughborough College Sports Hall, Radmoor Road, Loughborough, LE11 3BT

Tuesday 30th July 2019 14:00 - 15:00 - 7-11 yrs and 15:00 - 16:00 - 11-16 yrs

Loughborough Leisure Centre, Browns Lane, Loughborough, LE11 3HE

Tuesday 6th August 2019 14:00 - 15:00 - 7-11 yrs and 15:00 - 16:00 - 11-16 yrs

Loughborough Leisure Centre, Browns Lane, Loughborough, LE11 3HE

Friday 16th August 2019 14:00 - 15:00 - 7-11 yrs and 15:00 - 16:00 - 11-16 yrs

Loughborough Leisure Centre, Browns Lane, Loughborough, LE11 3HE

Tuesday 20th August 2019 14:00 - 15:00 - 7-11 yrs and 15:00 - 16:00 - 11-16 yrs

Loughborough Leisure Centre, Browns Lane, Loughborough, LE11 3HE

Futsal comes from Spanish fútbol sala or fútbol de salón and from Portuguese futebol de salão. and translates to "indoor football" played in a hall/lounge Futsal is a five-a-side game, normally played on a flat indoor pitch with hockey sized goals and a size four ball with a reduced bounce, it's great for developing players control and skills.

The taster session will be delivered by a qualified FA coach and will include fun games, skills and drills. The session will be delivered indoors but please wear appropriate clothing, for safety reasons it is required that all participants wear shin pads, but must wear trainers or Astroturf trainers, please DO NOT wear studded or molded boots. Please bring a drink; any other equipment will be provided.



Full Price: £4.00

Wild Card Price: £3.00

Concessionary Wild Card Price: £2.00

BOOKING REQUIRED

The activity is suitable for 7-16 year-olds

GOLF

Thursday 18th July 12:00-13:00 for 7-9 yrs and 13:00 - 14:00 for 10-12 yrs

Thursday 25th July 10:00-11:00 for 7-9 yrs and 11:00 - 12:00 for 10-12 yrs

Thursday 8th August 10:00-11:00 for 7-9 yrs and 11:00 - 12:00 for 10-12 yrs

Thursday 22nd August 10:00-11:00 for 7-9 yrs and 11:00 - 12:00 for 10-12 yrs

Shelthorpe Golf Course, Poplar Road, Loughborough, LE11 2JS

Thought of ever trying golf? If you have, then this is a great chance to learn the basics of the golf swing and to try a few shots! Our taster sessions are taught by Matt Whelband who is a PGA golf professional experienced in teaching children of all ages and abilities. Bring comfortable clothes and footwear (trainers preferably), and no heels.

Full Price: £4.00

Wild Card Price: £3.00

Concessionary Wild Card Price: £2.00

The activity is suitable for 7-12 year-olds

Booking Required

HORSE RIDING LESSONS

Monday 15th July 2019 10:00 - 12:00 (please arrive for 09:45)

Monday 22nd July 2019 10:00 - 12:00 (please arrive for 09:45)

Monday 29th July 2019 10:00 - 12:00 (please arrive for 09:45)

Monday 5th August 2019 10:00 - 12:00 (please arrive for 09:45)

Monday 12th August 2019 10:00 - 12:00 (please arrive for 09:45)

Monday 19th August 2019 10:00 - 12:00 (please arrive for 09:45)

Park View Riding School, 100 Anstey Lane, Thurstaston, LE7 7JA

Come along to learn the fundamentals of horse riding, coached by BHS-approved instructors. Whether you are a novice or experienced rider we have a wide selection of horses and ponies, so we can match you with a suitable size and temperament. In addition to riding for a full 1 hour, you would be able to take part in pony care and grooming as well.

All participants are required to wear trousers to ankle length, jumper or jacket and footwear should be sensible with no zips or buckles on the inside. A low heel is a necessity. No shorts, trainers, pumps, dolly shoes or open toed sandals allowed. Please remember to bring a drink. Please contact the Sport & Active Recreation team if you are unsure about what to wear before going to the session.

Under 7s need to be accompanied by a parent/carer for the duration of the activity.

Full Price: £21.00

Wild Card Price: £15.75

Concessionary Wild Card Price: £10.50

The activity is suitable for 5-16 year-olds

Booking Required

HUNTING BUGS AND POND DIPPING

Wednesday 31st July 2019 10:00 – 12:00

Stonebow Washlands, off Mount Grace Road, Thorpe Acre, Loughborough, LE11 4FR

Join the bug hunt in this exciting wildlife haven where you will search for a vast array of bugs in Stonebow Washlands and see what really lurks beneath the surface through pond dipping. Please dress appropriately for the weather including suitable footwear. This session will be run by Charnwood Borough Council Sports Leaders.

Family activity. Under 7s need to be accompanied by a parent/carer. We are happy for younger siblings under 4 to attend and participate in the activity with their sister/brother (aged 4 years+), free of charge but they may need to share equipment.



Full Price: £4.00

Wild Card Price: £3.00

Concessionary Wild Card Price: £2.00

The activity is suitable for 4-16 year-olds

BOOKING REQUIRED

INCLUSIVE BOCCIA/KURLING CLUB

Wednesday 17th July 2019 10:00 – 11:30

Tuesday 20th August 2019 14:00 – 15:30

Rosebery St Peter's Community Centre, Storer Road, Loughborough, LE11 5EQ

Come and join in our inclusive boccia/kurling club where you will play boccia skittles, target practice as well as conventional boccia. You will also have the opportunity to channel your inner Winter Olympian in the exciting indoor kurling! Our Sports Leaders will adapt activities to suit all abilities. This activity is suited for children/young people aged between 5 and 16 with physical or learning disabilities and their siblings.

Family activity. Siblings and parents are encouraged to take part to make this a fun activity for the whole family. Siblings aged between 5 and 16 will pay the appropriate price with under 4s and parents participating for free. A parent or carer aged 16+ must stay for the duration of the activity.

Full Price: £4.00

Wild Card Price: £3.00

Concessionary Wild Card Price: £2.00

The activity is suitable for 5-16 year-olds

Booking Required

INDOOR BOWLS

Monday 15th July 2019 13:00 – 15:00

Monday 29th July 2019 13:00 – 15:00

Monday 12th August 2019 13:00 – 15:00

Charnwood Indoor Bowls Club, Browns Lane, Loughborough, LE11 3HE

Charnwood Indoor Bowls Club are opening their doors this summer for some exciting junior taster sessions. Come along and try out a new sport! No need for any previous experience, just turn up and have a go! Please wear comfortable clothing and socks for on the bowling green.

Venue information: Charnwood Indoor Bowls club is situated next door to Loughborough Leisure Centre.

THIS ACTIVITY IS FREE!

The activity is suitable for 10-16 year-olds

Booking Required

KITE FLYING

Thursday 8th August 2019 14:00 – 16:00

Old John Entrance, Bradgate Park, Newtown Linford, LE6 0AH (£3.00 parking)

Come rain or shine but preferably windy, come and have a go at designing and making your own kite, then test your skill at flying. This session will be run by Charnwood Borough Council Sports Leaders.

Under 7s need to be accompanied by an Adult (16yrs+). We are happy for younger siblings under 4 to attend and participate in the activity with their sister/brother (aged 4 years+) but they will not be given their own equipment.

Full Price: £4.00

Wild Card Price: £3.00

Concessionary Wild Card Price: £2.00

The activity is suitable for 4-16 year-olds

Booking Required.

LOVE FAMILY FIT

Tuesday 16th July 2019 10:00 – 12:00

Wednesday 14th August 2019 14:00 – 16:00

Mountsorrel Memorial Centre, 105 Leicester Road, Mountsorrel, Loughborough LE12 7DB



LOVE Family Fit is a family ran initiative with the goal of improving the health of families

LOVE Family Fit is something new and exciting which gets the whole family ACTIVE - We turn children's PE Games into an intense and fun workout. Never have time to exercise due to childcare? Now you can!

A fun and different approach to exercise, experience a range of fun and enjoyable games which are suitable for all ages and fitness abilities.

Get FIT as a FAMILY with LOVE Family Fit.

Please bring along and wear appropriate clothes (Sports kit and trainers). If you have long hair it needs to be tied back. Please bring a water bottle. All jewellery must be removed.

Under 7s need to be accompanied by a parent/carer for the duration of the activity.

Full Price: £6.00 Per Family

The activity is suitable for 4-16 year-olds and parents

BOOKING REQUIRED USING THE LINK PROVIDED:

www.tayplaysport.co.uk/lovefamilyfit

MESSY PLAY

Friday 16th August 2019 10:00 – 12:00

King Georges Field, Coppice Lane, Queniborough, LE7 3DR

Lots to fun and exciting activities for the whole family. Come prepared to get wet and messy! Lots of messy play stations including home-made play dough, spaghetti and



paint. Waterslide and rockets for older siblings. Please bring a change of clothes. Children using water slide must be fully dressed.

WARNING you may get wet. Bring a change of clothing and a towel. This session will be run by Charnwood Borough Council Sports Leaders.

This is a family activity. Under 7's will need to be accompanied by an Adult (16yrs+). We are happy for younger siblings (Under 4) to participate in the activity for free providing they have a sibling aged 4+ booked on and a present, but they may need to share equipment.

Full Price: £4.00

Wild Card Price: £3.00

Concessionary Wild Card Price: £2.00

The activity is suitable for 4-16 year-olds

Booking Required.

MULTI-SPORTS

Thursday 18th July 2019 14:00 – 16:00

Towles Fields, Burton on the Wolds, Loughborough LE12 5TD

Friday 26th July 2019 10:00 – 12:00

Towles Fields, Burton on the Wolds, Loughborough LE12 5TD

Friday 16th August 2019 10:00 – 12:00

Rosebery St. Peter's Community Centre, Storer Road, Loughborough, LE11 5EQ

Want to have lots of fun as well as trying out lots of different sports all in one session? Then this is the perfect opportunity for you. Come to our multi-sports sessions which will teach you the key skills in different game-based sports, allowing you to put these to the test in game situations. These sports include: cricket, dodge ball, football, tennis and many more. The sessions will be run by Charnwood Borough Council Sports Leaders. Please bring a drink and wear appropriate shoes and clothing.

Under 7s need to be accompanied by a parent/carer for the duration of the

activity.

Full Price: £4.00

Wild Card Price: £3.00

Concessionary Wild Card Price: £2.00

The activity is suitable for 5-11 year-olds

Booking Required

NATIONAL PLAY DAY

Wednesday 7th August 2019 10:00 – 14:00

Sileby Memorial Park, Seagrave Road, Sileby, LE12 7TP

Come and join the team at Sileby and play games old and new. There will be a face painter, ice cream van, PL Kicks panna cage and lots different sports and games available. The session is completely FREE! Bring the whole family and have fun! This session will be run by Charnwood Borough Council Sports Leaders.

Children are the responsibility of parents/guardians at these events.

This activity is FREE!

The activity is suitable for all ages.

No Booking Required!

ORIENTEERING

Wednesday 24th July 2019 14:00 – 16:00

Friday 9th August 2019 14:00 – 16:00

Monday 19th August 2019 14:00 – 16:00

The Outwoods, Woodhouse Lane, Loughborough, LE11 3YG

This session in The Outwoods will introduce participants to orienteering over a relatively easy course throughout the woods. The session will test and improve your map reading skills and follows a permanent course around the woods. It will also test your team and how you work together as a team, to try to gather all the clues. Please note that children under eight must be accompanied by an adult. Please wear



suitable clothing and footwear for the weather. Please bring a drink. These sessions will be run by Charnwood Borough Council Sports Leaders.

Please be aware that there is a parking charge of £1 when using the Outwoods carpark. Visitors are required to pay £1 to park for a day. These charges apply every day (including Bank Holidays) between 6am and midnight. The car park has free Blue Badge parking.

This is a family activity. Under 7s need to be accompanied by a parent/carer for the duration of the activity. We are happy for younger siblings (Under 4) to participate in the activity for free providing they have a sibling aged 4+ booked on and a parent present.

Full Price: £4.00

Wild Card Price: £3.00 Concessionary

Wild Card Price: £2.00

The activity is suitable for 4-16 year-olds and parents

Booking Required

PL Kicks

Wednesday 17th July 14:00-15:00 for 8-11 yrs and 15:00 – 16:00 for 11-16 yrs

Friday 2nd August 10:00-11:00 for 8-11 yrs and 11:00 – 12:00 for 11-16 yrs

Thursday 15th August 14:00-15:00 for 8-11 yrs and 15:00 – 16:00 for 11-16 yrs

Soar Valley Leisure Centre, Astro turf 1, Kingfisher Road, Mountsorrel, Leicester, LE12 7FG

Premier League Kicks is one of the Premier League's flagship community programmes.

By engaging youngsters in constructive activities including a wide variety of sports, coaching, music and educational as well as personal development sessions - communities up and down the country have been transformed with impressive sports participation rates. The authorities have also reported significant reductions in anti-social behaviour in the areas in which it is delivered.

Leicester City Community Trust began delivering Kicks in October 2014 and delivers in community settings across the city, and more recently the county. Moving forward, the programme aims to build relationships with current and additional partners, as well as increasing opportunities for underrepresented groups and individuals in local

communities. This includes young people from a range of backgrounds, and refugee and asylum seekers.

PL Kicks objectives:

- To promote participation in sport in areas of high need
- To provide opportunities for young people to develop skills and confidence
- To support young people to progress into positive pathways'

Please wear suitable clothing and footwear, NO boots required. Please bring a drink.

THIS ACTIVITY IS FREE!

The activity is suitable for 8-16 year-olds

Booking Required

SKATEBOARD AND SCOOTER SCHOOL

Friday 19th July 2019 09:30 – 11:00 - 4-9 year olds and 11:00 - 12:30 – 10-16 year olds

Wednesday 31st July 2019 13:00 – 14:30 - 4-9 year olds and 14:30 - 16:00 – 10-16 year olds

Southfields Park, Leicester Road, Loughborough, LE11 2AQ

Sessions will be run by Team Rubicon - We introduce and help develop skills on scooters, as well as the newest Olympic sport - skateboards! From the basic key skills such as balance and control, we aim to see if we can learn about jumps and tricks. Some of the younger pupils can learn about road safety too.

Two great sports that consistently help with building confidence in young people, building friendships through team work, and teach you a lot about perseverance.

Please bring a drink along and wear appropriate clothing, similar to a P.E. kit, bring water and an adult (e.g. a t-shirt and shorts or leggings) If you have long hair it needs to be tied back. All jewellery must be removed. All the helmets, pads, boards and scooters are provided so the sessions are accessible to all.



Full Price: £6.00

Wild Card Price: £4.50

Concessionary Wild Card Price: £3.00

The activity is suitable for 4-16 year-olds?

BOOKING REQUIRED

TAEKWONDO TASTER SESSION

Thursday 1st August 2019 14:00 – 15:00

Thursday 15th August 2019 10:00 – 11:00

Sileby Community Centre, 41 High Street, Sileby, LE12 7RX

Try the exciting art of Freestyle Taekwondo. FREE sessions for beginners aged 7yrs+ involving basic stances, defences, strikes and kicks.

Freestyle Taekwondo takes traditional and contemporary aspects and combines them into a fast and fun martial arts experience.

Please bring an adult along, a drink and wear appropriate clothing, similar to a P.E. kit (e.g. a t-shirt and shorts or leggings) If you have long hair it needs to be tied back. All jewellery must be removed.

These sessions will be run by Blue Wave Martial Arts, for more information please go to: www.bluewave-taekwondo.co.uk OR find us on Facebook: @BlueWaveMartialArts

Full Price: £4.00

Wild Card Price: £3.00

Concessionary Wild Card Price: £2.00

The activity is suitable for 7-16 year-olds

Booking Required.

TENNIS

Thursday 25th July 13:00-14:00 for 5-7 yrs and 14:00 - 15:00 for 8-11 yrs

Thursday 8th August 13:00-14:00 for 5-7 yrs and 14:00 - 15:00 for 8-11 yrs

Thursday 15th August 13:00-14:00 for 5-7 yrs and 14:00 - 15:00 for 8-11 yrs

Thursday 22nd August 13:00-14:00 for 5-7 yrs and 14:00 - 15:00 for 8-11 yrs

Charnwood Lawn Tennis Club, Watermead Lane, Loughborough, LE11 3TN

Come and take part in fun filled tennis sessions by Charnwood Lawn Tennis Club delivered by qualified coaches for an exciting, fun filled afternoon! If you do not own a tennis racket, do not worry as there will be rackets supplied.

Please remember to wear appropriate clothing for running around. Bring plenty to drink and enjoy!

Full Price: £4.00 per session (Wild Card prices DO NOT APPLY)

Under 7s need to be accompanied by a parent/carer for the duration of the activity.

The activity is suitable for 5-11 year-olds

Booking online through Charnwood Lawn Tennis Club at:

www.gsmleisure.co.uk/charnwood-borough-council-tennis-camp

TREASURE HUNT

Friday 9th August 2019 10:00 – 12:00

Jubilee Playing Fields, Long Furrow, East Goscote, LE7 3ZL

Are you good at reading maps and following clues? This activity is especially for the treasure seekers among you! Bring your adventurous spirit and follow the clues around the park to complete the question and find the treasure. This session will be run by Charnwood Borough Council Sports Leaders.

Follow the clues around the grounds of Jubilee Playing Fields to complete the question and find the treasure. Remember to dress for all weather conditions and bring a drink along.

This is a family activity. Under 7's will need to be accompanied by an adult. We are happy for younger siblings (Under 4) to participate in the activity for free providing they have a sibling aged 4+ booked on and a parent present.

Full Price: £4.00

Wild Card Price: £3.00

Concessionary Wild Card Price: £2.00

The activity is suitable for 4-16 year-olds and parents

Booking Required

IMPORTANT INFORMATION FOR ALL ACTIVITIES

This half term we have yet another exciting programme of activities planned including the very popular arts and crafts, climbing, cheerleading, horse riding and much more. We have many exciting activities on offer to keep you entertained throughout the holidays which are available at a number of venues across the borough.

We strive to make our activities accessible for all; children with a disability are welcomed and encouraged to take part in all activities. Carers and parents are welcome to attend sessions. Please call on 01509 634592, should your child/children need extra support to discuss in further detail.

If you are unable to attend a booked session, we ask that you contact the Sport and Active Recreation Team on 01509 634673 at least 24 hours before the session so the place can be offered to someone else.

Age policy – The age ranges for each activity are strict and you cannot book your child if they are over or under the age restrictions. Please note that the Wild Card discount is only applicable for children aged 5-16. Children under the age of 7 **MUST** be accompanied by a parent/carer over the age of 16.

Drinks – For all activities, please send your child/children with a drink as there is not always a facility for this at all venues.

Staff - All staff have undergone enhanced Disclosure and Barring Service checks and are First Aid qualified.

Clothing - The weather during the holidays could be sunny, rainy or chilly. Please ensure that you/your child come dressed appropriately for the weather (jumpers/raincoats/wellington boots etc.).

Collecting from sessions - We do not take responsibility for participants outside the hours of the session. **DO NOT** leave your children unaccompanied until the activity staff arrive. The staff at venues are **NOT** responsible for your children.

Please ensure that you complete the section on the booking form or advise when ringing to book if your child has permission to walk home alone from the session and will not be collected.

Children Under 5 - If a child under the age of 5 would like to attend a session, they must be accompanied by an adult or sibling over the age of 16. Please note that the Wild Card discount is only applicable for children aged 5-16.

Refunds Policy/Session changes - We will always endeavour to ensure that activity sessions operate as advertised in our activity brochures. However, we do reserve the right to cancel sessions due to circumstances beyond our control. In the event of a cancellation we will provide you with as much notice as possible. Should it be necessary for us to cancel an activity, you will receive a full refund. Card payments will be refunded back to your card. If you have paid by cheque or cash you will receive a cheque in the post.

In exceptional circumstances, it may be necessary to change the format of the activity on the day. This could be down to the weather on the day which could lead to the activity needing to be adapted. We will endeavour to inform parents/guardians/participants prior to the commencement of the session.

The booking of activities is considered to be a commitment to attend. Due to the large amount of daily bookings processed we are unable to alter a booking once confirmed. A refund will only be given in exceptional circumstances e.g. serious illness/accident.

Data Protection - The council will collect personal data about you and your child during the booking process, including - your name, address, contact details, payment details, child's name, age and any relevant medical information.

This information is required to make and pay for a booking, provide activity staff with information of emergency contact details and, in the case of relevant medical information, to ensure the safety of your child while taking part in an activity.

The Council's condition for processing this information is your explicit consent, so it is very important that you have read and understood what information we will collect, and the purpose of the collection.

The Council will not pass on any of the details provided to anybody else, apart from the Child's name to an external activity session leader where applicable, and the data will be retained in line with our retention schedule.

If you are not happy to provide the information requested or withdraw your consent for the processing we will be unable to proceed with the booking.

For more information about how & why we process your personal data, your data protection rights or how to contact our data protection officer, please view our Privacy Notice

<https://www.charnwood.gov.uk/pages/privacynotice>

You Said We Did

As part of our on-going commitment to improve our holiday programme we actively seek feedback on the activities we offer.

Based on feedback from our Easter programme 2019, we have made several adaptations to the programme for this Summer:

You said

“new booking website was great, very fast and easy to use”

We did

Our online booking system for our Holiday Activity Programme went live in time for our Easter Programme, this proved to be very popular with 88.3% of our bookings were made via the online booking system. This proves the booking procedure is convenient for our customers. We hope you like our new system 😊

You said

“you wanted to see more activities such as; football, dance and martial arts sessions”

We did

This Summer we will be putting on extra sessions of three PL Kicks sessions and six Futsal sessions in our holiday activity programme for our customers, please see the programme for full list of dates

There will be two new Taekwondo (Martial Arts) sessions on Thursday 1st August - 14:00-15:00 and Thursday 15th August - 10:00-11:00 at Sileby Community Centre, LE12 7RX.

Also, four brand new fun filled Dance Workshops this summer ran by our dance professional Danielle, times and venues. Each session comprises of; a warm up, technique, choreography, and dance themed games. Please see the programme for full list of dates.

All these sessions will be delivered by a qualified coach/es and will give your child an insight in to the activity whilst providing the opportunity to learn some new skills and be both being fun and enjoyable.

You said

“Great variety lots of outdoor activities and new sports to try - thanks. Great value activities that we wouldn't have been doing otherwise. Nice no pressure from venues to sign up to activities too”

We did

Thank you for your positive feedback, we endeavour to ensure that our customers are satisfied with our service and enjoy the variety of activities we offer throughout our programme.



You said

“gender neutral [activities] for both boys and girls to take part in”

We did

We have lots of family based activities this Summer for you to take part in; why not book on and try our fun activities such as Love Family Fit, Dodgeball, taekwondo and family rounder and Olympics. For more information please see the programme for full list of dates.