This is an easy walk, most of it is through Bagdale Park. This park is a good example of the kind of walk you can do in the area. The walk starts at the car park, which is located near the main road. The path is well-marked and leads to the car park. The path is easy to follow and is suitable for all ages and abilities.

You start by walking along a path that leads to the car park. The path is wide and well-maintained. You can see the remains of the old railway line on your left. You will notice that the path is quite steep in some places, but it is manageable.

As you continue along the path, you will come to a junction. Here, you have the option to continue straight ahead or take a right turn. If you take the right turn, you will find yourself walking along a path that leads to the lake. This part of the walk is a bit more challenging, but it is still suitable for all ages.

Once you reach the lake, you can take a short detour to the right to visit a nearby café. The café is a great place to rest and enjoy a cup of coffee and a snack.

The return section of the walk starts in the same place as the outward journey. You can continue along the same path, or take a shorter route by following the signposts. Both routes lead to the car park.

The walk is a great way to see the beautiful scenery of the area. You will see many different types of trees and plants, as well as a variety of wildlife. The path is well-maintained and easy to follow, so it is suitable for all ages and abilities.